

THE EPISCOPAL CHURCH OF THE
HEAVENLY REST

Fifth Sunday after Epiphany

Holy Eucharist Rite II
Sunday, February 9th, 2020
10:30 in the morning

PRELUDE *Andante Sostenuto (Symphonie Gothique)*

Charles Widor
Arlene Small, *organist*

All stand and sing

HYMN IN PROCESSION *Christ, whose glory fills the skies*

Hymn 7

1 Christ, whose glory fills the skies,
Christ, the true, the only Light,
Sun of Righteousness, arise!
Triumph o'er the shades of night:
Dayspring from on high, be near;
Daystar, in my heart appear.

3 Visit then this soul of mine!
Pierce the gloom of sin and grief!
Fill me, radiancy divine;
scatter all my unbelief;
more and more thyself display,
shining to the perfect day.

2 Dark and cheerless is the morn
unaccompanied by thee;
joyless is the day's return,
till thy mercy's beams I see,
till they inward light impart,
glad my eyes, and warm my heart.

THE OPENING ACCLAMATION

Celebrant

Blessed be God: Father, Son, and Holy Spirit.

People

And blessed be his kingdom, now and for ever. Amen.

Celebrant

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
Amen.

CANTICLE *Arise, Shine*



Arise, shine, for your light has come
and the glory of the Lord has dawned upon you.
For behold, darkness covers the land,
deep gloom enshrouds the people.

Refrain

For over you the Lord will rise
and his glory will appear upon you.
Nations will stream to your light
and kings to the brightness of your dawning.

Refrain

Your gates will always be open
by day or night they will never be shut.
They will call you the city of the Lord,
the Zion of the Holy One of Israel.

Refrain

Violence will no more be heard in your land,
ruin or destruction within your borders.
You will call your walls salvation
and all your portals praise.

Refrain

The sun will no more be your light by day,
by night you will not need the brightness of the
moon.

The Lord will be your everlasting light
and your God will be your glory.

Refrain

THE COLLECT OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

All sit

THE FIRST LESSON

Isaiah 58:1-12

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness, and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

The Word of the Lord.

Thanks be to God.



1 Hallelujah!

Happy are they who fear the Lord *

and have great delight in his commandments!

2 Their descendants will be mighty in the land; *

the generation of the upright will be blessed.

3 Wealth and riches will be in their house, *

and their righteousness will last for ever.

4 Light shines in the darkness for the upright; *

the righteous are merciful and full of compassion.

5 It is good for them to be generous in lending *

and to manage their affairs with justice.

6 For they will never be shaken; *

the righteous will be kept in everlasting remembrance.

7 They will not be afraid of any evil rumors; *

their heart is right;

they put their trust in the Lord.

8 Their heart is established and will not shrink, *

until they see their desire upon their enemies.

9 They have given freely to the poor, *

and their righteousness stands fast for ever;

they will hold up their head with honor.

10 The wicked will see it and be angry;

they will gnash their teeth and pine away; *

the desires of the wicked will perish.

THE SECOND LESSON

1 Corinthians 2:1-16

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual. Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny. "For who has known the mind of the Lord so as to instruct him?" But we have the mind of Christ.

The Word of the Lord.

Thanks be to God.

THE SEQUENCE *The people who in darkness walked*

1 The people who in darkness walked
have seen a glorious light;
on them broke forth the heavenly dawn
who dwelt in death and night.

2 To hail thy rising, Sun of life,
the gathering nations come,
joyous as when the reapers bear
their harvest treasures home.

3 To us the promised Child is born,
to us the Son is given;
him shall the tribes of earth obey,
and all the hosts of heaven.

4 His name shall be the Prince of Peace
for evermore adored,
the Wonderful, the Counselor,
the mighty God and Lord.

5 His power increasing still shall spread,
his reign no end shall know;
justice shall guard his throne above,
and peace abound below.

THE GOSPEL

Matthew 5:13-20

✠ The Holy Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, Lord Christ.

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. "You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. "Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

The Gospel of the Lord.

Praise to you, Lord Christ.

Children who would like to attend Wiggle Worship may follow the Children's cross to the Children's Worship Space.

Children who attend Wiggle Worship will return to the nave during the Peace.

THE SERMON

The Reverend Claire Makins, Associate Rector

Following the sermon, all stand and say

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father,
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the ✠ resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

A Deacon or Priest says

O God, the strength of all who put their trust in you: hear our prayers for the Church and for the world.

All kneel or stand

Intercessor

Grant that all who are baptized into Christ's Name may keep the covenant they have made, and boldly confess him as Lord and Savior.

Lord in your mercy, **Hear our prayer**

Silence

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation.

Lord in your mercy, **Hear our prayer**

Silence

Everlasting God, who governs all things both in heaven and on earth, mercifully hear the supplications of your people, and in our time grant us your peace.

Lord in your mercy, **Hear our prayer**

Silence

Send your Holy Spirit and pour into our hearts the gift of love, that we may reach out in love to the people of this community and the world.

Lord in your mercy, **Hear our prayer**

Silence

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ.

Lord in your mercy, **Hear our prayer**

Silence

Mercifully accept our prayers on behalf of all who suffer in body, mind, or spirit; and give them the help of your grace.

Lord in your mercy, **Hear our prayer**

Silence

We commend to your mercy all who have died in the communion of your saints. Lead us, who know you now by faith, to your presence, where we may see your glory face to face.

Lord in your mercy, **Hear our prayer**

Silence

The Celebrant adds a concluding Collect

THE CONFESSION OF SIN

A Deacon or Priest says

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

All stand for

THE PEACE

The Peace of the Lord be always with you.

And also with you.

ANNOUNCEMENTS & ANNIVERSARY BLESSINGS

THE HOLY COMMUNION

Sung by the Parish choir

THE ANTHEM *Lead me, Lord*

Samuel Sebastian Wesley

Lead me, Lord, lead me in thy righteousness,
Make thy way plain before my face.
For it is thou, Lord, only
That makest me dwell in safety.

As alms and oblations are brought to the Altar, all stand and sing

HYMN AT THE PRESENTATION *We limit not the truth of God*

Hymn 629

1 We limit not the truth of God
to our poor reach of mind,
to notions of our day and place,
crude, partial, and confined;
no, let a new and better hope
within our hearts be stirred;
the Lord has yet more light and truth
to break forth from his word.

3 O Father, Son, and Spirit, send
us increase from above;
enlarge, expand all living souls
to comprehend your love;
and make us all go on to know
with nobler powers conferred-
the Lord has yet more light and truth
to break forth from his word.

2 Who dares to bind to one's own sense
the oracles of heaven,
for all the nations, tongues, and climes
and all the ages given?
That universe, how much unknown!
The ocean unexplored!
The Lord has yet more light and truth
to break forth from his word.

Following the Hymn, the gifts are presented at the Altar

**All things come of thee, O Lord.
And of thine own have we given thee.**

THE GREAT THANKSGIVING *Eucharistic Prayer B*

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them up to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is said.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS *Holy, holy, holy Lord*

S 125

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The People stand or kneel as they are able

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven, Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

THE FRACTION ANTHEM

S 155

Alleluia, alleluia, alleluia,

Christ our Passover is sacrificed for us; therefore let us keep the feast.

Alleluia, alleluia, alleluia.

The Celebrant proceeds

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for

you, and feed on him in your hearts by faith, with thanksgiving.

In the Episcopal Church, all baptized Christians, including children, are welcome and encouraged to receive Communion.

Those who are not yet baptized are invited to come forward to receive a blessing.

To receive a blessing, cross your arms in front of your chest.

Gluten-free hosts are available upon request.

Clergy will be available for pastoral prayers in the chapel.

COMMUNION VOLUNTARY *Aria*

Alice Jordan

Arlene Small, *organist*

Susie Rockett, *oboist*

COMMUNION HYMN *I come with joy to meet my Lord*

Hymn 304

1 I come with joy to meet my Lord,
forgiven, loved, and free,
in awe and wonder to recall
his life laid down for me.
2 I come with Christians far and near
to find, as all are fed,
the new community of love
in Christ's communion bread.
3 As Christ breaks bread and bids us share,
each proud division ends.
That love that made us makes us one,
and strangers now are friends.

4 And thus with joy we meet our Lord.
His presence, always near,
is in such friendship better known:
we see, and praise him here.
5 Together met, together bound,
we'll go our different ways,
and as his people in the world,
we'll live and speak his praise.

COMMUNION HYMN *Be thou my vision, O Lord of my heart*

Hymn 488

*Hymn can be found in the blue hymnal on the back of the pews
After Communion, the Celebrant says*

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Commissioning of Eucharistic Visitors may be said

In the name of this congregation, we send you forth, bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's Body and Blood. We who are many are one Body because we all share one bread and one cup.

*The Celebrant blesses the People
All stand and sing*

HYMN IN PROCESSION *Thy strong word did cleave the darkness*

Hymn 381

1 Thy strong word did cleave the darkness;
at thy speaking it was done;
for created light we thank thee,
while thine ordered seasons run:
Alleluia, alleluia!
Praise to thee who light dost send!
Alleluia, alleluia!
Alleluia without end!
2 Lo, on those who dwelt in darkness,
dark as night and deep as death,
broke the light of thy salvation,
breathed thine own life-giving breath:
Alleluia, alleluia!
Praise to thee who light dost send!
Alleluia, alleluia!
Alleluia without end!

3 Thy strong word bespeaks us righteous;
bright with thine own holiness,
glorious now, we press toward glory,
and our lives our hopes confess:
Alleluia, alleluia!
Praise to thee who light dost send!
Alleluia, alleluia!
Alleluia without end!
4 God the Father, Light-Creator,
to thee laud and honor be;
to thee, Light of Light begotten,
praise be sung eternally;
Holy Spirit, Light-Revealer,
glory, glory be to thee;
mortals, angels, now and ever
praise the Holy Trinity.

THE DISMISSAL

Let us bless the Lord.
Thanks be to God.

POSTLUDE *Toccata in e minor*

Johann Pachelbel
Arlene Small, *organist*

*Following the service, please join us for
a reception in Gerhart Hall*