

EPISCOPAL CHURCH of the  
**HEAVENLY REST**

God's Love. For All.

---

Fourth Sunday in Lent  
Holy Eucharist Rite II  
Sunday, March 19, 2023  
10:30 in the morning

**PRELUDE** *Aria*

Charles Callahan  
Arlene Small, *organ*

*The People stand for the Procession.*

**HYMN IN PROCESSION** *O for a thousand tongues to sing*

Hymn 493

**A PENITENTIAL ORDER**

*Celebrant* Bless the Lord who forgives all our sins.

*People* **His mercy endures for ever.**

*The Celebrant continues*

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8,9*

*The Deacon says*

Let us confess our sins against God and our neighbor.

*The Deacon and People together, all kneeling*

**Most holy and merciful Father: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.**

*The Deacon continues*

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

**Have mercy on us, Lord.**

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

**Have mercy on us, Lord.**

Restore us, good Lord, and let your anger depart from us;

**Favorably hear us, for your mercy is great.**

Accomplish in us the work of your salvation,

**That we may show forth your glory in the world.**

By the cross and passion of your Son our Lord,

**Bring us with all your saints to the joy of his resurrection.**

*The Celebrant stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

TRISAGION *repeated three times*

Ho - ly God, \_\_\_\_\_ Ho - ly and Might - y,

3  
Ho - ly Im - mor - tal One, Have mer - cy up - on us.

THE COLLECT OF THE DAY

The Lord be with you.

**And also with you.**

Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*All sit.*

FIRST READING

I Samuel 16:1-13

The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you, and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice. When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the Lord." But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the Lord chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The Lord has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, "Rise and anoint him; for this is the one." Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

The Word of the Lord.

**Thanks be to God.**

*The Lector and People pray responsively by half verse*

PSALM 23 *Dominus regit me*

1 The Lord is my shepherd; \*

**I shall not be in want.**

2 He makes me lie down in green pastures \*

**and leads me beside still waters.**

3 He revives my soul \*

**and guides me along right pathways for his Name's sake.**

4 Though I walk through the valley of the shadow of death, I shall fear no evil; \*

**for you are with me; your rod and your staff, they comfort me.**

5 You spread a table before me in the presence of those who trouble me; \*

**you have anointed my head with oil, and my cup is running over.**

6 Surely your goodness and mercy shall follow me all the days of my life, \*  
and I will dwell in the house of the Lord for ever.

## SECOND READING

Ephesians 5:8-14

Once you were darkness, but now in the Lord you are light. Live as children of light— for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says, “Sleeper, awake! Rise from the dead, and Christ will shine on you.”

The Word of the Lord.

**Thanks be to God.**

*The People stand and sing*

SEQUENCE HYMN *Thine arm, O Lord, in days of old*

Hymn 567

*Turn and face the Gospeller.*

## THE GOSPEL

John 9:1-41

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you, Lord Christ.**

As Jesus walked along, he saw a man blind from birth. His disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” Jesus answered, “Neither this man nor his parents sinned; he was born blind so that God’s works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world.” When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man’s eyes, saying to him, “Go, wash in the pool of Siloam” (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, “Is this not the man who used to sit and beg?” Some were saying, “It is he.” Others were saying, “No, but it is someone like him.” He kept saying, “I am the man.” But they kept asking him, “Then how were your eyes opened?” He answered, “The man called Jesus made mud, spread it on my eyes, and said to me, ‘Go to Siloam and wash.’ Then I went and washed and received my sight.” They said to him, “Where is he?” He said, “I do not know.” They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, “He put mud on my eyes. Then I washed, and now I see.” Some of the Pharisees said, “This man is not from God, for he does not observe the sabbath.” But others said, “How can a man who is a sinner perform such signs?” And they were divided. So they said again to the blind man, “What do you say about him? It was your eyes he opened.” He said, “He is a prophet.” The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, “Is this your son, who you say was born blind? How then does he now see?” His parents answered, “We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself.” His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, “He is of age; ask him.” So for the second time they called the man who had been blind, and they said to him, “Give glory to God! We know that this man is a sinner.” He answered, “I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see.” They said to him, “What did he do to you? How did he open your eyes?” He answered them, “I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?” Then they reviled him, saying, “You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from.” The man answered, “Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing.” They answered him, “You were born entirely in sins, and are you trying to teach us?” And they drove him out. Jesus heard that they had driven him out, and when he found him, he said, “Do you believe in the Son of Man?” He answered, “And who is he, sir? Tell me, so that I may believe in him.” Jesus said to him, “You have seen him, and the one speaking with you is he.” He said, “Lord, I believe.” And he worshiped him. Jesus said, “I came into this world for judgment so that those who do not see may see, and those who do see may become blind.” Some of the Pharisees near him heard this and said to him, “Surely we are not blind, are we?” Jesus said to them, “If you were blind, you would not have sin. But now that you say, ‘We see,’ your sin remains.”

The Gospel of the Lord.

**Praise to you, Lord Christ.**

## THE SERMON

The Reverend Amanda Watson, *Assistant Rector for Community Life*

*Following the sermon, all stand for*

## THE NICENE CREED

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father,  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## THE PEACE

The Peace of the Lord be always with you.  
**And also with you.**

*Children are invited to come forward and receive a blessing.*

## CHILDREN'S BLESSING

## THE HOLY COMMUNION

### OFFERTORY SENTENCE

### OFFERTORY ANTHEM *Prayer for Guidance*

Allen Pote

Teach me your ways, make them known to me.  
Teach me to live according to your truth.  
Because you are my savior  
All day long I trust in you.  
O remember your kindness and constant love  
which you have shown from long ago.  
Forgive the sins and errors of my youth.  
Remember me, Lord.  
All day long I trust in you.  
Teach me your ways.  
Teach me your ways, O Lord.

*The People stand.*

### HYMN AT THE PRESENTATION *Eternal Lord of love, behold your Church*

Hymn 149

*Celebrant* All things come of thee, O Lord.  
*People* **And of thine own have we given thee.**

### THE GREAT THANKSGIVING *Eucharistic Prayer D*

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Lift up your hearts.  
*People* **We lift them up to the Lord.**  
*Celebrant* Let us give thanks to the Lord our God.  
*People* **It is right to give him thanks and praise.**

*The Celebrant proceeds*

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

**THE SANCTUS** *Holy, holy, holy Lord*

S 127

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and earth are  
10 full of your glo - ry. Ho - san - na in the high - est. Bless - ed is he who  
21 comes in the name of the Lord. Ho - san - na in the high - est.

*The People stand or kneel as they are able*

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

*Celebrant and People*

**We praise you, we bless you,  
we give thanks to you,  
and we pray to you, Lord our God.**

*The Celebrant continues*

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

*Prayers for the Church and the world may be added here.*

And grant that we may find our inheritance with all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven, Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

*Celebrant* Christ our Passover is sacrificed for us.  
*People* Therefore let us keep the feast.

*The Celebrant proceeds*

The Gifts of God for the People of God.  
and may add Take them in remembrance that Christ died for  
you, and feed on him in your hearts by faith, with thanksgiving.

## THE FRACTION ANTHEM

S 374

Lamb of God, — you take a - way the sins of the world: have mer-cy on us.

Lamb of God, — you take a - way the sins of the world: have mer-cy on us.

Lamb of God, — you take a - way the sins of the world: grant us peace.

## DISTRIBUTION OF COMMUNION

*All baptized Christians are welcome to receive Communion. If you are not baptized, you may come forward to receive a blessing by folding your arms over your chest. If you are interested in being baptized, please speak to one of the clergy after the service.*

*Communion will be distributed at two stations: at the altar rail and in front of the pulpit. If you do not wish to receive wine, please cross your arms over your chest when the chalice comes by. Please follow the instructions of the ushers as you wait to receive Communion.*

## COMMUNION VOLUNTARY

COMMUNION HYMN *The King of love my shepherd is*

Hymn 645

COMMUNION HYMN *I heard the voice of Jesus say*

Hymn 692

*After Communion, the Celebrant says*

Let us pray.

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

*The Commissioning of Eucharistic Visitors may be said.*

**In the name of this congregation, we send you forth, bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's Body and Blood. We who are many are one Body because we all share one bread and one cup.**

*The Celebrant continues*

Look down in mercy, Lord, on your people who kneel before you; and grant that those whom you have nourished by your Word and Sacraments may bring forth fruit worthy of repentance; through Christ our Lord. **Amen.**

*All stand and sing*

**HYMN IN PROCESSION** *How wondrous and great thy works, God of praise*

Hymn 533

## **THE DISMISSAL**

Let us bless the Lord.  
**Thanks be to God.**

**POSTLUDE** *Toccata in e Minor*

Johann Pachelbel  
Arlene Small, *organ*

## **MINISTERS OF THE LITURGY**

*Preacher* - The Rev. Amanda Watson, *Assistant Rector for Community Life*

*Celebrant* - The Rev. Corrie Cabes, *Associate Rector*

*Deacon* - The Rev. Karen Boyd, *Deacon*

*Organist* - Arlene Small

*Lay Ministers* - John Walton, Judy Deaton, Lori Walton

*Vergers* - Nolan Kelley

*Acolytes* - Augusta Brumley, Shepherd Gensic, Emily Brumley, Luke Mehaffey

*Livestream* - Bill Young, David Christianson

*Sound* - Lee Hampton

*Altar Guild* - Bea Garner, Sharon Kelley, Lauren Puckett, Andrea Taylor, Gay Ann Walts

*Greeters & Ushers* - Rick Willis, Blake Holle, Harry Hurt




---

602 Meander Street      Phone: (325) 677-2091  
 Abilene, Texas 79602      Email: [info@heavenlyrestabilene.org](mailto:info@heavenlyrestabilene.org)  
 Website: [heavenlyrestabilene.org](http://heavenlyrestabilene.org)      Social media: @heavenlyrestabilene

**CLERGY AND STAFF**

The Reverend David F. Romanik, <i>Rector</i>	Carol Ann Weston, <i>Director of Family Ministries</i>
The Reverend Corrie Cabes, <i>Associate Rector</i>	Blaine Beyer, <i>Director of Communications</i>
The Reverend Amanda Watson, <i>Assistant Rector for Community Life</i>	Steve Gibbs, <i>Parish Coordinator</i>
The Reverend Dr. Doug Thomas, <i>Priest in Residence</i>	LeighAnna Morris, <i>Parish Accountant</i>
The Reverend Karen Boyd, <i>Deacon</i>	Nolan Kelley, <i>Verger</i>
The Reverend Dr. Russell Dickerson, <i>Deacon</i>	Sharon Kelley, <i>Hospitality and Kitchen Coordinator</i>
The Reverend Dr. Susan Pigott, <i>Deacon and Pastoral Assistant</i>	Robert Becerra, <i>Sexton</i>
Bikole Mulanda, <i>Swahili Minister</i>	Adrian Smith, <i>Assistant Sexton</i>
Shelly Reed, <i>Children's Music Assistant</i>	Dorothy Guerra, <i>Housekeeper</i>
	Anne Jones, <i>Nursery Manager</i>

**VESTRY AND APPOINTED OFFICERS**

Annabel House, *Senior Warden*; Harry Hurt, *Junior Warden*; Debbie Sherman, *Secretary*; Connie Collier, Sarah Ferguson, Lisa Goolsby, Kate Haney, Jay Hardaway, Norene Mansell, John Nichols, Robert Peterson, Darryl Tippens, Elizabeth Niblo Wallace, *Chancellor*; and Sam Cutbirth, *Treasurer*