

EPISCOPAL CHURCH of the HEAVENLY REST

God's Love. For All.

Heavenly Rest is dedicated to serving and creating community by proclaiming the good news of God's love for all. New here? Please fill out a welcome card from the back of the pew or on our website at heavenlyrestabilene.org/visit.

THIS SUNDAY

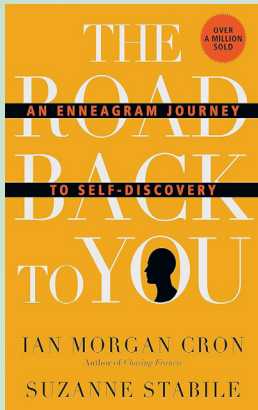
Exploring Spiritual Treasure - Lent is upon us! Sunday, March 9, we formally begin our Lenten series as Mother Amanda explores the first promise of our Baptismal Covenant: "Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?" What does this promise we make to God mean to you? Come join us in this conversation. Breakfast is at 9:00, and presentation and table discussions are at 9:15. All are welcome!

Coffee Talks - The Coffee Talks Sunday school class meets each Sunday at 9:15 a.m. in the Gen von Ende room. Participants watch a carefully selected video followed by a discussion. Video topics are diverse, but inevitably lead to rich conversations about authentic and intellectually honest Christian living. These conversations are typically facilitated by Mark Waters, with a variety of other facilitators when Mark is away. Our video and discussion in Coffee Talks this Sunday will be on the problem of free will. We invite anyone aged 18 or older. The intergenerational nature of the group adds to the variety, insight, and depth of the interactions. To date, participant ages have ranged broadly from 19 to early 80's.

LIFE IN OUR COMMUNITY

Dr. Willie James Jennings - *Who are My People: Revolutionary Belonging in the Book of Acts* - All are invited to attend the Wilson-Bennet Lecture Series on March 18, 2025, at 7:30 p.m. in Old Main Matthews Auditorium at McMurry University. Dr. Willie James Jennings, renowned Black theologian and award-winning author of *Who Are My People: Revolutionary Belonging in the Book of Acts*, will deliver an insightful lecture. Dr. Jennings, recognized with the 2020 Book of the Year Award from Publisher's Weekly, will explore themes of belonging and community in the early church. This event is open to the public – don't miss this powerful opportunity to engage with a leading voice in theology!

Hands-On Outreach - The Parish Hands-On Outreach Ministry is seeking donations of hygiene items such as deodorant, toothpaste, soap, and more. Financial contributions are also greatly appreciated. For more information, please contact the church office at 677-2091. Your support is a blessing to our community!



Lenten Study - During the season of Lent, we will read "The Road Back to You: An Enneagram Journey to Self-Discovery" by Ian Morgan Cron and Suzanne Stabile. As part of our series, we will welcome Suzanne Stabile to Heavenly Rest on Wednesday, April 2. A bestselling author and highly sought after speaker, Suzanne is a world class teacher on the Enneagram, a tool for reflection and self-discovery. Join us as we explore how the Enneagram can enliven our faith! Copies of the book are available in the Narthex and the church office for a suggested donation of \$20.

Stations of the Cross

Join us for Stations of the Cross every Friday during Lent at 12:00 p.m. in the church. This time of prayer and reflection is a powerful way to deepen your faith and walk with Jesus on His journey to the cross. All are welcome to participate as we unite in meditation and prayer during this holy season.

SACRAMENT OF RECONCILIATION

Lent is a season of self-examination, penitence, renewal. As such, it is a particularly good time to experience the Sacrament of Reconciliation. During the season of Lent, clergy will be available on Tuesdays at 12:30 pm in the chapel for the Sacrament of Reconciliation. Clergy will also be available to hear confessions at 1:00 Monday through Thursday during Holy Week (April 14 through April 17), and from 1:00 to 3:00 on Good Friday (April 18). If you would like to have your confession heard, wait in the pews near the baptismal font and you will be brought to the chapel by a priest. At the beginning of the service, the priest will usually walk the penitent through the service. The Sacrament of Reconciliation rarely takes more than ten minutes. Matters discussed within the context of the Sacrament of Reconciliation are treated with the strictest confidentiality.

We hope you will take advantage of this opportunity to experience a service that is rooted in a profound awareness of God's grace.

Mark Your Calendar!

Sunday, March 30 - Chamber Music Concert Series
6:00 pm - Alison Read, Harp

Wednesday, April 2 - Suzanne Stabile Presentation
6:00 pm - Supper; 6:30 p.m. - Presentation

THE WEEK AHEAD

Sunday, March 9th (No Children's Sunday School)

8:00 AM Holy Eucharist - Rite I (Nave)*
9:15 AM Exploring Spiritual Treasure!, Coffee Talks,
Preaching the Good Word*
10:30 AM Holy Eucharist - Rite II (Nave & livestream)*
1:00 PM Morning Prayer in Swahili
7:00 PM Holy Eucharist
7:30 PM Encounter - Young Adult Ministry

Monday, March 10th

8:30 AM Morning Prayer
5:30 AM Breakfast on Beech Street
10:30 AM Hands-On Assistance
6:00 PM Education for Ministry

Tuesday, March 11th

8:30 AM Morning Prayer
9:30 AM Thrift House Opens (closes at 4:30 PM)
10:00 AM Sewing Circle
10:00 AM Staff meeting
12:30 PM Confession
4:00 PM Contemplative Prayer
7:00 PM Abilene Pipers
8:00 PM Unity Group AA

Wednesday, March 12th

8:30 AM Morning Prayer
9:30 AM Thrift House Opens (closes at 4:30 PM)
10:30 AM Hands-On Assistance
5:15 PM Wind Down Wednesdays
5:15 PM Heavenly Rest Choristers Rehearsal
5:15 PM Children's Music
5:30 PM Eucharist with Prayers for Healing (Chapel)
6:00 PM Wednesday Night Supper
6:30 PM Wednesday Night Program
6:40 PM Canterbury Ringers Rehearsal
7:30 PM Adult Choir Rehearsal

Thursday, March 13th

8:30 AM Morning Prayer
9:30 AM Bible Study
9:30 AM Thrift House Opens (closes at 4:30 PM)
12:00 PM Men's Brown Bag
1:00 PM EST Mentor Meeting
6:00 PM Girl Scout Troop
8:00 PM Unity Group AA

Friday, March 14th (offices close at noon)

8:30 AM Morning Prayer
9:30 AM Thrift House Opens (closes at 4:30 PM)
9:30 AM Hands-On Grocery Distribution
10:30 AM Hands-On Assistance
12:00 PM Stations of the Cross

Saturday, March 15th

8:30 AM Swahili Prayer
9:00 AM Altar Guild Preparation
10:30 AM Afternoon Children's Choir Rehearsal
4:30 PM Aleluya Kwaya Rehearsal

Sunday, March 16th

8:00 AM Holy Eucharist - Rite I (Nave)*
9:15 AM Exploring Spiritual Treasure!, Coffee Talks,
Preaching the Good Word*
10:30 AM Holy Eucharist - Rite II (Nave & livestream)*
1:00 PM Holy Eucharist in Swahili
7:00 PM Evening Prayer
7:30 PM Encounter - Young Adult Ministry

**nursery care is available for ages 0-4*

View a detailed schedule at heavenlyrestabilene.org/calendar.

PRAYERS

THANKSGIVINGS

For those celebrating birthdays this week: Jordan Casey, Cash Cockerell, Lisa Goolsby, Charlotte Harbaugh, Marshall Morris, Melanie Morris, Dan Morrison, Eleanor Rockett, Adriana Velez

INTERCESSIONS

Paula Sears, Amanda Biles, Kevin Bredemeyer, Jerry Gulley, Bill Thompson, Hunter Thomas, Scott Riedel, Rebecca Smith & Family, Koti Goolsby, Marisa Alonso, Rob Gillespie, Mary Self, Gary and Debbie West, Michelle Fernung, Donald McDonald, Charles Fairchilds, Scooter Hall, Callie Hampton, Alan Sweeton, Jeannie Best, Peggy Valentine, Tessa & Elena, Larry and Leta Bell, Evelyn Niblo, John Davison, Ron Rathbun, Fabiola Mulanda, Chris Thomas, Jerry Gulley, Andrew Hubbard, Bob and Susan Miller, Cathy Hautala, Doug Lampkin, Keith Boyd, Jeffy Herman, Daron Brown, Christopher Choate, Tommy Lindley, Shane Jones, Becky McDonald, Amanda Sellers, BJ Madrid, Russell McKeever, Francois Mulanda, Suzie Ramsey, Barbara Payne, Glen Funkey, Angaza Alembo, Zach Hackel, Ben Mendez

For deployed military and first responders: Michael Paisley, David Broyles, Jr., Joshua Mehaffey, Weaver Lilly, Fire, Police, and Sheriff's Departments, Health Care Workers

For the recently departed: Smick Fletcher, Mike Hogan, Edna Pardue, Sandy Graham, Jamie Sargisson, Thomas Smith, Tina Steward



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Is there something you would like to share with the church? Please submit announcements and materials to the Communications office.

Contact Austin Hackel at ahackel@heavenlyrestabilene.org.