

EPISCOPAL CHURCH of the  
**HEAVENLY REST**

God's Love. For All.

*Heavenly Rest is dedicated to serving and creating community by proclaiming the good news of God's love for all.  
New here? Please fill out a welcome card from the back of the pew or on our website at [heavenlyrestabilene.org/visit](http://heavenlyrestabilene.org/visit).*

### THIS SUNDAY

**Back to School Bash** - Sunday, August 10th 9:45 – 10:15 in Gerhart Hall, children, youth, and their families are invited to come meet Sunday School leaders, get backpack tags, sign up for Sunday School for 3yrs through 12th grade, and sign up for Wednesday night activities for K-5th graders. We will also have 2025-26 Child/Youth Information forms available if you haven't turned yours in yet. During worship, there will be the blessing of backpacks and school devices.

### LIFE IN OUR COMMUNITY

**Safe Church Training** - Join us September 7th in Gerhart Hall following combined worship for Safe Church training (lunch included). This is for everyone who needs to catch up, renew, or begin training in the Diocesan policies to keep our children, youth, vulnerable adults, and leaders safe. We will cover all nine (9) courses which are now required of everyone serving on staff or as a volunteer in any capacity. **Please RSVP to Carol Ann at [cweston@heavenlyrestabilene.org](mailto:cweston@heavenlyrestabilene.org) if you plan to attend** – we want to have plenty of food!

**Lyndale Sing-along** – We are revising the hymnal that we use for worship with the residents at Lyndale Memory Care. To include the most loved and best remembered hymns of the residents, we are hosting a sing-along on Wednesday, August 20th at 2:00 in the Bistro at Lyndale. Everyone is invited to join us as we find those most beloved hymns and make a 'joyful noise' unto the Lord

**Popsicles at the Playground** - Join us for our final Popsicles at the Playground of the summer on Wednesday August 13th, 6:30 pm - 7:45 pm. Parish and neighborhood children, accompanied by their parents or an authorized adult are invited to have fun on the playground and cool off with a delicious popsicle. All are welcome to come, bring a friend, and just enjoy an evening outside under the shade tree.

**Altar Flowers** - If you would like to dedicate altar flowers in honor or memory of a loved one or special occasion, please contact the parish office at (325)-677-2091. Suggested donation is \$150.

### CHILDREN AND FAMILIES

**Parent/Guardian Party** - Parents and guardians of kids Pre-K through 12th grade are invited to celebrate the beginning of the program year with a party at the home of Weezie and Jim Fitzhugh on Saturday, August 6 from 6:00 to 8:00 p.m. Enjoy food, fun, and fellowship, and an overview of upcoming events and offerings. Activities for children will be available (please contact Carol Ann Weston if your children plan to participate). We hope you can join us!

**Fall Sunday School Begins** - Sunday, August 17 at 9:15 am. Ages 3 years through 12th grade will meet upstairs in the Parish House. Everyone checks in at the top of the stairs, and then we divide into classes. Come join us!

**2:00 pm Sunday School** - will begin Sunday, September 14 for those in kindergarten through 5th Grades.

**3rd Grade Bibles & Family Bible Blast** - Sunday, August 17, for 3rd graders & their families after presentation of Bibles in 10:30 worship. Please let Carol Ann know if your family will attend. [cweston@heavenlyrestabilene.org](mailto:cweston@heavenlyrestabilene.org). We will have a light lunch, learn about our Bibles, play some family Bible games, and 3rd graders will decorate Bible covers while other ages split for some Bible activities or crafts. Childcare is available if desired.

**Children's Music Camp** - Saturday, August 23rd, 9:00 am – 12 noon. We welcome back all children and youth from Kindergarten through 6th Grade to join us for a wonderful morning of musical experiences! Sing, ring chimes, see and hear musical instruments, and play some games! It will be a wonderful day of music, and we hope to have a large gathering of students! Email Carol Ann [cweston@heavenlyrestabilene.org](mailto:cweston@heavenlyrestabilene.org) with the names and grades of children who will attend.

## Rally Night

Join us for Rally Night on Wednesday, September 3rd at 6:00 in Gerhart Hall. This will be an opportunity to connect with friends old and new, kick off our Wednesday night programming, and learn more about the many ways to become involved in the life of Heavenly Rest. Our theme for this program year is "Rooted in the Faith." In the coming months, we will explore the ways we are connected to those who have gone before us, even as we consider all the ways God calls us to face the world in new ways. We hope you will join us for this celebration of who we are and who we are called to be!



## THE WEEK AHEAD

### Sunday, August 10th

8:00 AM Holy Eucharist - Rite I (Nave)\*  
 9:15 AM Coffee Talks\*  
 9:45 AM Back to School Bash  
 10:30 AM Holy Eucharist - Rite II (Nave & livestream)\*  
 1:00 PM Morning Prayer in Swahili\*  
 7:00 PM Evening Prayer  
 7:30 PM Encounter - Young Adult Ministry

### Monday, August 11th

5:30 AM Breakfast on Beech Street  
 8:30 AM Morning Prayer  
 10:30 AM Hands-On Assistance

### Tuesday, August 12th

8:30 AM Morning Prayer  
 10:00 AM Staff meeting  
 4:00 PM Contemplative Prayer  
 7:00 PM Abilene Pipers  
 8:00 PM Unity Group AA

### Wednesday, August 13th

8:30 AM Morning Prayer  
 10:00 AM Sewing Circle  
 10:30 AM Hands-On Assistance  
 5:30 PM Holy Eucharist with Prayers for Healing  
 6:30 PM Popsicles at the Playground

### Thursday, August 14th

8:30 AM Morning Prayer  
 10:00 AM Thursday Morning Bible Study

12:00 PM Men's Brown Bag  
 12:00 PM Neighborhood Committee  
 6:00 PM Girl Scouts  
 8:00 PM Unity Group AA

### Friday, August 15th (offices closed at noon)

8:30 AM Morning Prayer  
 9:30 AM Hands-On Grocery Distribution  
 10:30 AM Hands-On Assistance

### Saturday, August 16th

8:30 AM Swahili Prayer  
 9:00 AM Altar Guild Preparation  
 10:30 AM Afternoon Children's Choir Rehearsal  
 4:30 PM Aleluya Kwaya Rehearsal

### Sunday, August 17th

8:00 AM Holy Eucharist - Rite I (Nave)\*  
 9:15 AM Coffee Talks\*  
 9:15 AM Sunday School for Children and Youth  
 10:30 AM Holy Eucharist - Rite II (Nave & livestream)\*  
 1:00 PM Morning Prayer in Swahili\*  
 12:00 PM Third Grade Bible Blast  
 6:00 PM Encounter - Young Adult Ministry (@ St. Mark's)

*\*nursery care is available for ages 0-4*

*View a detailed schedule at [heavenlyrestabilene.org/calendar](http://heavenlyrestabilene.org/calendar).*

## MINISTRIES

**Hands-On Outreach Ministry** – Our parish grocery distribution ministry, Hands-On Outreach, is currently in need of bottled water and hygiene articles such as deodorant, bar soap, toothpaste, 3-1 bodywash, shampoo, conditioner, disposable razors, and shaving cream. If you are able to help, please bring your donations to the parish office during regular hours. Contact Sue McWilliams at [smmnm@aol.com](mailto:smmnm@aol.com) for more information. Thank you for your continued generosity!

**Prayer Shawl and Quilt Ministry** - The members of Prayer Shawl and Quilt ministry create "soft heavenly hugs" to people experiencing adverse life events as well as baby blankets to the newly born or adopted. There are several ways you can be involved. 1. Come join our meetings and knit, crochet, or quilt with us. We meet the 4th Tuesday at 5:30pm. 2. Inform the office if you know of someone who would benefit from receiving a shawl or quilt -- they are not just for church members. You are also welcome to pick up and deliver one yourself to family or neighbours. 3. Donate yarn (full skeins only) or cash to help keep the ministry going. For more information, e-mail Sr. Brigit-Carol, SD at [brigit.carol@gmail.com](mailto:brigit.carol@gmail.com).

## PRAYERS

**Thanksgivings for those celebrating birthdays this week:** Stephen Garvin, Violet Gensic, Ainsley Jaryszak, William Lessing, Rylee Messer, Fidel Muhigirwa, Aryah Townsend, Sara Townsend.

**Intercessions:** Gaynor Guleke, Stan Brown, Priscilla Hurlbut, Troy Wade, Laurie Jacoboski, William Westmoreland, Brandy Gaiennie, Hunter Thomas, Marisa Alonso, Ben Mendez, Christopher Collard, Arnold Guerra, Patsy Powell, Bert Garvin, Debbie Langford, Johnny Musselman, Sandy Bridges, Charlie & Linda Taylor, Cindy Strain, Tom Choate, Eric Tanner, Dawn Ahart, Jerry Gulley, Jeannie Best, Sarah Martin, Chris Thomas, Taylor Skye Dixon, Robin Dennis, Vicki Feeler, Ralph Webb, Karen Tucek, Joe Kimmes, Carol Knapp, Jan Mudd, Keith Boyd, Jackson Murrill, Trey Blackmore, Rusty Plocheck, Barbara Brock, Freddie Maxwell, Jeff Holland, Anne Melcher, Pete Mendez, Freda Kennedy, Gretchen Herman, BJ Madrid, Scott Riedel, Charles Fairchilds, Peggy Valentine, Larry and Leta Bell, Fabiola Mulanda, Christopher Choate, Tommy Lindley, Shane Jones, Amanda Sellers, Russell McKeever, Francois Mulanda, Suzie Ramsey, Barbara Payne, Glen Funkey, Angaza Alembo

**Intercessions for deployed military and first responders:** Michael Paisley, David Broyles, Jr., Weaver Lilly, Riziki Mulanda, Fire, Police, and Sheriff's Departments, Health Care Workers

**Intercessions for the recently departed:** Joni and Robert Brake, Manolo Cabasal, Marie Moreau, Melissa Trevina, Joan Hurt, CJ Smothermon

## CONTACT US

To learn more or to contact the clergy, visit us online at [heavenlyrestabilene.org](http://heavenlyrestabilene.org) or by email [info@heavenlyrestabilene.org](mailto:info@heavenlyrestabilene.org).

602 Meander Street, Abilene, Texas 79602

Office Hours: M-Th 8:30 AM-12:00 PM, 1-4:30 PM, F 8:30-12:00 PM

Hands On-Assistance (Online) M,W,F 10:30 AM-12:00 PM, Grocery Distribution F 10:30 AM-12:00 PM

Phone: (325) 677-2091

   @heavenlyrestabilene

**Thrift House**, 761 Walnut Street, Abilene, TX 79601

Open: Tuesday-Friday 9:30 AM- 4:30 PM

*Is there something you would like to share with the church? Please submit announcements and materials to the Communications office.*

*Contact Jen Rogers at [jrogers@heavenlyrestabilene.org](mailto:jrogers@heavenlyrestabilene.org).*