

THE EPISCOPAL CHURCH OF THE  
**HEAVENLY REST**

Third Sunday in Lent  
Holy Eucharist Rite II  
Sunday, March 15th, 2020  
10:30 in the morning

*Please be considerate of those who are preparing for worship and maintain a meditative atmosphere.*

PRELUDE

Mark Puckett, pianist

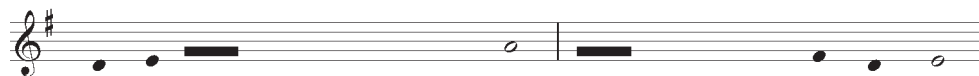
All stand

CANTICLE *The Second Song of Isaiah*

S 217

Cantor

All Sing.



1. Seek the Lord while he wills to be found; call upon him when he draws near.



2. Let the wicked for - sake their ways and the e - vil ones their thoughts;



3. And let them turn to the Lord, and he will have com - pas - sion,



and to our God, for he will rich - ly par - don. 4. For my thoughts are not your thoughts,



nor your ways my ways, says the Lord. 5. For as the heavens are higher than the earth,



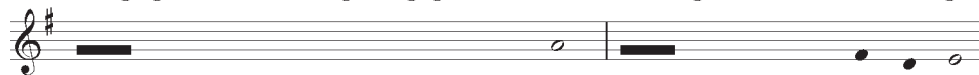
so are my ways higher than your ways, and my thoughts than your thoughts.



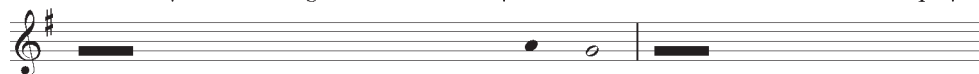
6. For as rain and snow fall from the hea - vens and return not again, but wa - ter the earth,



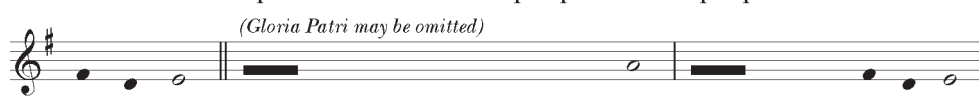
7. Bringing forth life and giv - ing growth, seed for sowing and bread for eat - ing,



8. So is my word that goes forth from my mouth; it will not return to me emp - ty;



9. But it will accomplish that which I have pur - posed, and prosper in that for which



I sent it. 10. Glory to the Father, and to the Son, and to the Ho - ly Spi - rit:



11. As it was in the beginning, is now, and will be for ev - er. A - men.

# A PENITENTIAL ORDER

*Celebrant* Bless the Lord who forgives all our sins.  
*People* His mercy endures for ever.

*The Celebrant continues*

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-31*

*The Deacon or Celebrant then says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*The Celebrant stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*Remain kneeling. All sing*

## THE KYRIE *Lord, have mercy*

S 96

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy. Lord,

Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Lord,

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy, have mer - cy.

Lord, have mer - cy, have mer - cy.



## THE SECOND LESSON

Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

Thanks be to God.

*All stand and sing*

## THE SEQUENCE *As longs the deer for cooling streams*

Hymn 658

1 As longs the deer for cooling streams  
in parched and barren ways,  
so longs my soul, O God, for thee  
and thy refreshing grace.

2 For thee, my God, the living God,  
my thirsty soul doth pine:  
O when shall I behold thy face,  
thou Majesty divine?

3 Why restless, why cast down, my soul?  
Hope still, and thou shalt sing  
the praise of him who is thy God,  
thy health's eternal spring.

4 To Father, Son, and Holy Ghost,  
the God whom we adore,  
be glory, as it was, is now,  
and shall be evermore.

## THE GOSPEL

John 4:5-42

✠ The Holy Gospel of our Lord Jesus Christ according to John.  
Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many

Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.  
Praise to you, Lord Christ.

## THE SERMON

The Reverend David F. Romanik, Rector

*Following the sermon, all stand for*

## THE NICENE CREED

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father,  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the ✠ resurrection of the dead,  
and the life of the world to come. Amen.

*All stand for*

## THE PEACE

The Peace of the Lord be always with you.  
And also with you.

## ANNOUNCEMENTS & CHILDREN'S BLESSING

### THE HOLY COMMUNION

*Sung by the Parish choir*

## THE ANTHEM *Wash me thoroughly*

David Halls

Wash me thoroughly from my wickedness,  
And forgive me all my sin.  
For I acknowledge my faults,  
and my sin is ever before me.

*As alms and oblations are brought to the Altar, all stand and sing*

## HYMN AT THE PRESENTATION *Eternal Lord of love, behold your Church*

Hymn 149

1 Eternal Lord of Love, behold your Church  
walking once more the pilgrim way of Lent,  
led by your cloud by day, by night your fire,  
moved by your love and toward your presence bent:  
far off yet here~ the goal of all desire  
2 So daily dying to the way of self,  
so daily living to your way of love,  
we walk the road, Lord Jesus that you trod,  
Knowing ourselves baptized into your death:  
so we are dead and live with you in God.

3 If dead in you, so in you we arise  
you the firstborn of all the faithful dead;  
and as through stony ground the green shoots break,  
glorious in springtime dress of leaf and flower,  
so in the Father's glory shall we wake



*Following the Hymn, the gifts are presented at the Altar*

**All things come of thee, O Lord.**

**And of thine own have we given thee.**

**THE GREAT THANKSGIVING** *Eucharistic Prayer D*

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them up to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

*The Celebrant proceeds*

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

**THE SANCTUS** *Holy, holy, holy Lord*

S 130

**Holy, holy, holy Lord, God of power and might,**

**Holy, holy, holy Lord, God of power and might,**

**heaven and earth are full of your glory.**

**Hosanna in the highest. Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest. Hosanna in the highest.**

*The People stand or kneel as they are able*

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

*Celebrant and People*

**We praise you, we bless you,**

**we give thanks to you,**

**and we pray to you, Lord our God.**

*The Celebrant continues*

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

*Prayers for the Church and the world may be added here.*

And grant that we may find our inheritance with all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven, Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

*The Celebrant breaks the consecrated bread.*

*Celebrant* Christ our Passover is sacrificed for us.

*People* Therefore let us keep the feast.

*The Celebrant proceeds*

The Gifts of God for the People of God.

*and may add* Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

**THE FRACTION ANTHEM**

S 164

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

In the Episcopal Church, all baptized Christians, including children, are welcome and encouraged to receive Communion.

Those who are not yet baptized are invited to come forward to receive a blessing.

To receive a blessing, cross your arms in front of your chest.

Gluten-free hosts are available upon request.

## COMMUNION VOLUNTARY

Mark Puckett, pianist

## COMMUNION HYMN *Shepherd of souls, refresh and bless*

Hymn 343

1 Shepherd of souls, refresh and bless  
thy chosen pilgrim flock  
with manna in the wilderness,  
with water from the rock.

2 We would not live by bread alone,  
but by thy word of grace,  
in strength of which we travel on  
to our abiding-place.

3 Be known to us in breaking bread,  
and do not then depart;  
Savior, abide with us, and spread  
thy table in our heart.

4 Lord, sup with us in love divine  
thy Body and thy Blood,  
that living bread, that heavenly wine,  
be our immortal food.

## COMMUNION HYMN *I heard the voice of Jesus say*

Hymn 692

*Hymn can be found in the blue hymnal on the back of the pews*

*After Communion, the Celebrant says*

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

*The Commissioning of Eucharistic Visitors may be said*

In the name of this congregation, we send you forth, bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's Body and Blood. We who are many are one Body because we all share one bread and one cup.

*The Celebrant continues*

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. Amen.

*All stand and sing*

## HYMN IN PROCESSION *Guide me, O thou great Jehovah*

Hymn 690

1 Guide me, O thou great Jehovah,  
pilgrim through this barren land;  
I am weak, but thou art mighty;  
hold me with thy powerful hand;  
bread of heaven,  
feed me now and evermore.

2 Open now the crystal fountain,  
whence the healing stream doth flow;  
let the fire and cloudy pillar  
lead me all my journey through;  
strong deliverer,  
be thou still my strength and shield.

3 When I tread the verge of Jordan,  
bid my anxious fears subside;  
death of death, and hell's destruction,  
land me safe on Canaan's side;  
songs of praises,  
I will ever give to thee.

## THE DISMISSAL

Let us go forth in the name of Christ.  
Thanks be to God.

## POSTLUDE

Mark Puckett, pianist

*Following the service, please join us for  
fellowship and refreshments in Gerhart Hall.*