

THE EPISCOPAL CHURCH OF THE
HEAVENLY REST

Third Sunday in Lent
Holy Eucharist Rite II
Sunday, March 22nd, 2020
10:30 in the morning

All stand

CANTICLE *The Second Song of Isaiah*

S 217

Cantor

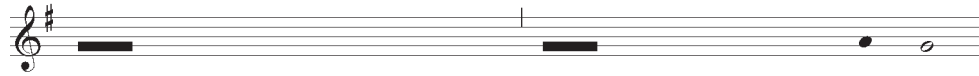
All Sing.



1. Seek the Lord while he wills to be found; call upon him when he draws near.



2. Let the wicked for - sake their ways and the e - vil ones their thoughts;



3. And let them turn to the Lord, and he will have com - pas - sion,



and to our God, for he will rich - ly par - don. 4. For my thoughts are not your thoughts,



nor your ways my ways, says the Lord. 5. For as the heavens are higher than the earth,



so are my ways higher than your ways, and my thoughts than your thoughts.



6. For as rain and snow fall from the hea - vens and return not again, but wa - ter the earth,



7. Bringing forth life and giv - ing growth, seed for sowing and bread for eat - ing,

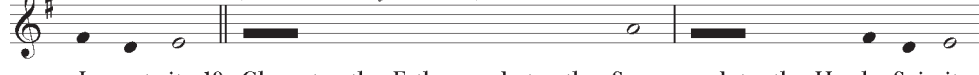


8. So is my word that goes forth from my mouth; it will not return to me emp - ty;



9. But it will accomplish that which I have pur - posed, and prosper in that for which

(Gloria Patri may be omitted)



I sent it. 10. Glory to the Father, and to the Son, and to the Ho - ly Spi - rit:



11. As it was in the beginning, is now, and will be for ev - er. A - men.

A PENITENTIAL ORDER

Celebrant Bless the Lord who forgives all our sins.
People His mercy endures for ever.

The Celebrant continues

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-31*

The Deacon or Celebrant then says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Remain kneeling. All sing

THE KYRIE *Lord, have mercy*

S 84

The musical score for the Kyrie consists of nine staves of music. Each staff begins with a treble clef and a key signature of one flat (B-flat). The lyrics are: Ky - ri - e e - le - i - son. Chri - ste e - le - i - son. The melody is a simple, flowing line with a mix of quarter and eighth notes, and some longer notes with ties. The lyrics are placed below the notes, with hyphens indicating syllables that span across multiple notes. The first three staves are for 'Ky - ri - e e - le - i - son.' and the last six staves are for 'Chri - ste e - le - i - son.'

THE COLLECT OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE FIRST LESSON

1 Samuel 16:1-13

The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you, and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice. When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the Lord." But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the Lord chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The Lord has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, "Rise and anoint him; for this is the one." Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

The Word of the Lord.

Thanks be to God.

*All sing antiphon. The Cantor sings the verses.*PSALM 23 *Dominus regit me*

Plainchant: Mode VIII.1

On other Sundays and Weekdays

We are his peo - ple and the sheep of his pas - ture.

1 The Lord is my shepherd; *
I shall not be in want.

2 He makes me lie down in green pastures *
and leads me beside still waters.

Antiphon

3 He revives my soul *
and guides me along right pathways for his Name's sake.

4 Though I walk through the valley of the shadow of death,
I shall fear no evil; *

for you are with me;
your rod and your staff, they comfort me.

Antiphon

5 You spread a table before me in the presence of those who trouble me; *
you have anointed my head with oil,
and my cup is running over.

6 Surely your goodness and mercy shall follow me all the days of my life, *
and I will dwell in the house of the Lord for ever.

Antiphon

THE SECOND LESSON

Ephesians 5:8-14

Once you were darkness, but now in the Lord you are light. Live as children of light— for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says, " Sleeper, awake! Rise from the dead, and Christ will shine on you."

The Word of the Lord.

Thanks be to God.

All stand and sing

1 Lord Jesus, Sun of Righteousness,
shine in our hearts, we pray;
dispel the gloom that shades our minds
and be to us as day.

2 Give guidance to our wandering ways,
forgive us, Lord, our sin;
restore us by your loving care
to peace and joy within.

3 Lord, grant that we in penitence
may offer you our praise,
and through your saving sacrifice
receive your gift of grace.

4 Now nearer draws the day of days
when paradise shall bloom,
when we shall be at one with you,
Lord, risen from the tomb.

5 The universe your glory shows,
blest Father, Spirit, Son;
we shall acclaim your majesty,
eternal Three in One.

THE GOSPEL

John 9:1-41

✠ The Holy Gospel of our Lord Jesus Christ according to John.
Glory to you, Lord Christ.

As Jesus walked along, he saw a man blind from birth. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" Jesus answered, "Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world." When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man's eyes, saying to him, "Go, wash in the pool of Siloam" (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, "Is this not the man who used to sit and beg?" Some were saying, "It is he." Others were saying, "No, but it is someone like him." He kept saying, "I am the man." But they kept asking him, "Then how were your eyes opened?" He answered, "The man called Jesus made mud, spread it on my eyes, and said to me, 'Go to Siloam and wash.' Then I went and washed and received my sight." They said to him, "Where is he?" He said, "I do not know." They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, "He put mud on my eyes. Then I washed, and now I see." Some of the Pharisees said, "This man is not from God, for he does not observe the sabbath." But others said, "How can a man who is a sinner perform such signs?" And they were divided. So they said again to the blind man, "What do you say about him? It was your eyes he opened." He said, "He is a prophet." The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, "Is this your son, who you say was born blind? How then does he now see?" His parents answered, "We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself." His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, "He is of age; ask him." So for the second time they called the man who had been blind, and they said to him, "Give glory to God! We know that this man is a sinner." He answered, "I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see." They said to him, "What did he do to you? How did he open your eyes?" He answered them, "I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?" Then they reviled him, saying, "You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from." The man answered, "Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing." They answered him, "You were born entirely in sins, and are you trying to teach us?" And they drove him out. Jesus heard that they had driven him out, and when he found him, he said, "Do you believe in the Son of Man?" He answered, "And who is he, sir? Tell me, so that I may believe in him." Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "Lord, I believe." And he worshiped him. Jesus said, "I came into this world for judgment so that those who do not see may see, and those who do see may become blind." Some of the Pharisees near him heard this and said to him, "Surely we are not blind, are we?" Jesus said to them, "If you were blind, you would not have sin. But now that you say, 'We see,' your sin remains."

The Gospel of the Lord.

Praise to you, Lord Christ.

Following the sermon, all stand for

THE NICENE CREED

We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.
 We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father,
 Through him all things were made.
 For us and for our salvation
 he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.

For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.
 We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
 With the Father and the Son he is worshiped and glorified.
 He has spoken through the Prophets.
 We believe in one holy catholic and apostolic Church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the ✠ resurrection of the dead,
 and the life of the world to come. Amen.

All stand for

THE PEACE

The Peace of the Lord be always with you.
 And also with you.

WELCOME & ANNOUNCEMENTS

THE HOLY COMMUNION

OFFERTORY *My Shepherd will supply my need*

Inger Nordby, soprano

All things come of thee, O Lord.
 And of thine own have we given thee.

THE GREAT THANKSGIVING *Eucharistic Prayer D*

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them up to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give him thanks and praise.

The Celebrant proceeds

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.
 Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.
 Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

Ho - ly, ho - ly, ho - ly Lord, God of
 power and might, hea - ven and earth are full of your glo - ry.
 Ho - san - na in the high - est. Bless - ed is he who comes
 in the name of the Lord. Ho - san - na in the high - est.

The People stand or kneel as they are able

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Celebrant and People

**We praise you, we bless you,
 we give thanks to you,
 and we praise to you, Lord our God.**

The Celebrant continues

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

Prayers for the Church and the world may be added here.

And grant that we may find our inheritance with all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,
 Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in
 heaven, Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against
 us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the
 glory, forever and ever. Amen.

The Celebrant breaks the consecrated bread.

THE FRACTION ANTHEM

S 160

Lamb of God, you take a - way the sins of the world:
 have mer - cy on us. Lamb of God, you take a - way the
 sins of the world: have mer - cy on us. Lamb of God,
 you take a - way the sins of the world: grant us peace.

The Celebrant proceeds

The Gifts of God for the People of God.
and may add Take them in remembrance that Christ died for
 you, and feed on him in your hearts by faith, with thanksgiving.

Celebrant

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this
 sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom
 where you live with the Father and the Holy Spirit, one God, for ever and ever. **Amen.**

*The Book of Common Prayer indicates that “if a person desires to receive the Sacrament, but, by reason of extreme sickness or
 physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of
 Communion are received, even though the Sacrament is not received with the mouth.” Our efforts to stem the effects of a global
 pandemic seem to fall within the parameters of “extreme sickness.” Thus, it seems appropriate to assure those watching remotely
 that the benefits of Communion are received by those who partake via livestream.*

*During the singing of the hymn, we invite your spiritual participation in the Eucharist. If you find it helpful, you may use the
 prayer below to aid your Eucharistic devotion.*

*My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for
 you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have
 already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.*

(St. Alphonsus de Liguori, 1696-1787)

COMMUNION HYMN *Humbly I adore thee, Verity unseen*

Hymn 314

1 Humbly I adore thee, Verity unseen,
 who thy glory hidest 'neath these shadows mean;
 lo, to thee surrendered, my whole heart is bowed,
 tranced as it beholds thee, shrined within the cloud.

2 Taste and touch and vision to discern thee fail;
 faith, that comes by hearing, pierces through the veil.
 I believe whate'er the Son of God hath told;
 what the Truth hath spoken, that for truth I hold.

3 O memorial wondrous of the Lord's own death;
 living Bread that givest all thy creatures breath,
 grant my spirit ever by thy life may live,
 to my taste thy sweetness never-failing give.

4 Jesus, whom now hidden, I by faith behold,
 what my soul doth long for, that thy word foretold:
 face to face thy splendor, I at last shall see,
 in the glorious vision, blessed Lord, of thee.

After Communion, the Celebrant says

Let us pray.

Faithful God, in the wonder of your wisdom and love you fed your people in the wilderness with the bread of
 angels, and you sent Jesus to be the bread of life. Though many of us have not consumed these gifts of bread
 and wine, we thank you that we all have received the sacrament of Christ's presence, the forgiveness of sins, and
 all other benefits of Christ's passion. Grant that we may continue for ever in the Risen Life of our Savior, who
 with you and the Holy Spirit, lives and reigns, one God, now and for ever. Amen.

The Celebrant continues

Look down in mercy, Lord, on your people who kneel before you; and grant that those whom you have nourished by your Word and Sacraments may bring forth fruit worthy of repentance; through Christ our Lord.
Amen.

All stand and sing

HYMN AT THE DISMISSAL *O for a thousand tongues to sing*

Hymn 493

1 O for a thousand tongues to sing
my dear Redeemer's praise,
the glories of my God and King,
the triumphs of his grace!

2 My gracious Master and my God,
assist me to proclaim
and spread through all the earth
abroad the honors of thy Name.

3 Jesus! the Name that charms our fears
and bids our sorrows cease;
'tis music in the sinner's ears,
'tis life and health and peace.

4 He speaks; and, listening to his voice,
new life the dead receive,
the mournful broken hearts rejoice,
the humble poor believe.

5 Hear him, ye deaf; ye voiceless ones,
your loosened tongues employ;
ye blind, behold, your Savior comes;
and leap, ye lame, for joy!

6 Glory to God and praise and love
be now and ever given
by saints below and saints above,
the Church in earth and heaven.

THE DISMISSAL

Let us go forth in the name of Christ.
Thanks be to God.