

THE EPISCOPAL CHURCH OF THE  
**HEAVENLY REST**

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Last Sunday after the Epiphany

Holy Eucharist Rite II  
Sunday, February 23rd, 2020  
10:30 in the morning

**PRELUDE** *Glorious Things of Thee Are Spoken*

Franz J. Haydn arr. D. Linda McKechnie  
Canterbury Bell Choir  
Brandon Houghtalen, horn  
Arlene Small, organist

*All stand and sing*

**HYMN IN PROCESSION** *Songs of thankfulness and praise*

Hymn 135

1 Songs of thankfulness and praise,  
Jesus, Lord, to thee we raise,  
manifested by the star  
to the sages from afar;  
branch of royal David's stem  
in thy birth at Bethlehem;  
anthems be to thee addressed,  
God in man made manifest.

2 Manifest at Jordan's stream,  
Prophet, Priest, and King supreme;  
and at Cana, wedding-guest,  
in thy Godhead manifest;  
manifest in power divine,  
changing water into wine;  
anthems be to thee addressed,  
God in man made manifest.

3 Manifest in making whole  
palsied limbs and fainting soul;  
manifest in valiant fight,  
quelling all the devil's might;  
manifest in gracious will,  
ever bringing good from ill;  
anthems be to thee addressed,  
God in man made manifest.

4 Manifest on mountain height,  
shining in resplendent light,  
where disciples filled with awe  
thy transfigured glory saw.  
When from there thou leddest them  
steadfast to Jerusalem,  
cross and Easter Day attest  
God in man made manifest.

**THE OPENING ACCLAMATION**

*Celebrant*

Blessed be God: Father, Son, and Holy Spirit.

*People*

**And blessed be his kingdom, now and for ever. Amen.**

*Celebrant*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may  
perfectly love you, and worthily magnify your holy Name; through Christ our Lord.  
**Amen.**

CANTICLE *Arise, Shine*



Arise, shine, for your light has come  
and the glory of the Lord has dawned upon you.  
For behold, darkness covers the land,  
deep gloom enshrouds the people.

**Refrain**

For over you the Lord will rise  
and his glory will appear upon you.  
Nations will stream to your light  
and kings to the brightness of your dawning.

**Refrain**

Your gates will always be open  
by day or night they will never be shut.  
They will call you the city of the Lord,  
the Zion of the Holy One of Israel.

**Refrain**

Violence will no more be heard in your land,  
ruin or destruction within your borders.  
You will call your walls salvation  
and all your portals praise.

**Refrain**

The sun will no more be your light by day,  
by night you will not need the brightness of the  
moon.

The Lord will be your everlasting light  
and your God will be your glory.

**Refrain**

**THE COLLECT OF THE DAY**

The Lord be with you.

**And also with you.**

Let us pray.

O God, who before the passion of your only begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

All sit

**THE FIRST LESSON**

Exodus 24:12-18

The Lord said to Moses, "Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction." So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, "Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them." Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

The Word of the Lord.

**Thanks be to God.**

PSALM 2 *Quare fremuerunt gentes?*

- 1 Why are the | nations in an | uproar? \*
- Why do the peoples | mutter | empty | threats?
- 2 Why do the kings of the earth rise up in revolt,  
and the princes | plot to- | gether, \*
- against the | LORD and a- | gainst his An- | ointed?
- 3 "Let us break their | yoke," they | say; \*
- "let us cast | off their | bonds from | us."
- 4 He whose throne is in | heaven is | laughing; \*
- the Lord | has them | in der- | ision.
- 5 Then he speaks to | them in his | wrath, \*
- and his | rage | fills them with | terror.
- 6 "I myself have | set my | king\*  
upon my | holy | hill of | Zion."
- 7 Let me announce the de- | cree of the | LORD: \*
- he said to me, "You are my Son;  
this day | have | I be- | gotten you.
- 8 Ask of me, and I will give you the nations for | your in- | heritance \*
- and the ends of the | earth for | your pos- | session.
- 9 You shall crush them with an | iron | rod \*
- and shatter them | like a | piece of | pottery."
- 10 And now, you | kings, be | wise; \*
- be warned, you | rulers | of the | earth.
- 11 Submit to the | LORD with | fear, \*
- and with | trembling | bow | be | fore him;
- 12 Lest he be | angry and you | perish; \*
- for his | wrath is | quickly | kindled.
- 13 Happy | are they | all \*
- who | take | refuge | in him!

## THE SECOND LESSON

2 Peter 1:16-21

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God..

The Word of the Lord.

Thanks be to God.

**THE SEQUENCE** *Christ upon the mountain peak*

1 Christ upon the mountain peak  
stands alone in glory blazing;  
let us, if we dare to speak,  
with the saints and angels praise him.  
Alleluia!

2 Trembling at his feet we saw  
Moses and Elijah speaking.  
All the prophets and the Law  
shout through them their joyful greeting.  
Alleluia!

3 Swift the cloud of glory came.  
God proclaiming in its thunder  
Jesus as his Son by name!  
Nations cry aloud in wonder!  
Alleluia!

4 This is God's beloved Son!  
Law and prophets fade before him;  
first and last and only One,  
let creation now adore him!  
Alleluia!

**THE GOSPEL**

Matthew 17:1-9

✠ The Holy Gospel of our Lord Jesus Christ according to Matthew.  
Glory to you, Lord Christ.

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, "Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah." While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, "This is my Son, the Beloved; with him I am well pleased; listen to him!" When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, "Get up and do not be afraid." And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, "Tell no one about the vision until after the Son of Man has been raised from the dead."

The Gospel of the Lord.

Praise to you, Lord Christ.

*Children who would like to attend Wiggle Worship may follow the Children's cross to the Children's Worship Space.*

*Children who attend Wiggle Worship will return to the nave during the Peace.*

**THE SERMON**

The Reverend David F. Romanik, Rector

*Following the sermon, all stand and say*

**THE NICENE CREED**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father,  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the ✠ resurrection of the dead,  
and the life of the world to come. Amen.

**THE PRAYERS OF THE PEOPLE**

*A Deacon or Priest says*

O God, the strength of all who put their trust in you: hear our prayers for the Church and for the world.

*All kneel or stand*

*Intercessor*

Grant that all who are baptized into Christ's Name may keep the covenant they have made, and boldly confess him as Lord and Savior.

*Silence*

Lord in your mercy, **Hear our prayer**

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation.

*Silence*

Lord in your mercy, **Hear our prayer**

Everlasting God, who governs all things both in heaven and on earth, mercifully hear the supplications of your people, and in our time grant us your peace.

*Silence*

Lord in your mercy, **Hear our prayer**

Send your Holy Spirit and pour into our hearts the gift of love, that we may reach out in love to the people of this community and the world.

*Silence*

Lord in your mercy, **Hear our prayer**

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ.

*Silence*

Lord in your mercy, **Hear our prayer**

Mercifully accept our prayers on behalf of all who suffer in body, mind, or spirit; and give them the help of your grace.

*Silence*

Lord in your mercy, **Hear our prayer**

We commend to your mercy all who have died in the communion of your saints. Lead us, who know you now by faith, to your presence, where we may see your glory face to face.

*Silence*

Lord in your mercy, **Hear our prayer**

*The Celebrant adds a concluding Collect*

## THE CONFESSION OF SIN

*A Deacon or Priest says*

Let us confess our sins against God and our neighbor.

*Silence*

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*The Celebrant stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*All stand for*

## THE PEACE

The Peace of the Lord be always with you.

And also with you.

## ANNOUNCEMENTS

# THE HOLY COMMUNION

*Sung by the Parish choir*

THE ANTHEM *Christ is the world's true light*

W.K. Stanton

Christ is the world's true light,  
its captain of salvation,  
the day-star clear and bright,  
desire of every nation;  
new life, new hope awakes  
for all who own his sway:  
freedom her bondage breaks,  
and night is turned to day.

In Christ all races meet,  
their ancient feuds forgetting,  
the whole round world complete,  
from sunrise to its setting:  
when Christ is throned as Lord,  
all shall forsake their fear,  
to ploughshare beat the sword,  
to pruning-hook the spear.

One Lord, in one great name  
unite us all who own you;  
cast out our pride and shame  
that hinder to enthrone you;  
the world has waited long,  
has travailed long in pain;  
to heal its ancient wrong,  
come, Prince of Peace, and reign.

*As alms and oblations are brought to the Altar, all stand and sing*

HYMN AT THE PRESENTATION *O wondrous type! O vision fair*

Hymn 137

1 O wondrous type! O vision fair  
of glory that the Church may share,  
which Christ upon the mountain shows,  
where brighter than the sun he glows!

2 With Moses and Elijah nigh  
the incarnate Lord holds converse high;  
and from the cloud, the Holy One  
bears record to the only Son.

3 With shining face and bright array,  
Christ deigns to manifest today  
what glory shall be theirs above  
who joy in God with perfect love.

4 And faithful hearts are raised on high  
by this great vision's mystery;  
for which in joyful strains we raise  
the voice of prayer, the hymn of praise.

5 O Father, with the eternal Son,  
and Holy Spirit, ever One,  
vouchsafe to bring us by thy grace  
to see thy glory face to face.

*Following the Hymn, the gifts are presented at the Altar*

All things come of thee, O Lord.

**And of thine own have we given thee.**

THE GREAT THANKSGIVING *Eucharistic Prayer B*

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them up to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

*The Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a Proper Preface is said.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Holy, holy, holy Lord, God of power and might,  
 heaven and earth are full of your glory.  
 Hosanna in the highest.  
 Blessed is he who comes in the name of the Lord.  
 Hosanna in the highest.

*The People stand or kneel as they are able*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**We remember his death,  
 We proclaim his resurrection,  
 We await his coming in glory;**

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven, Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

## THE FRACTION ANTHEM

S 155

Alleluia, alleluia, alleluia,  
 Christ our Passover is sacrificed for us; therefore let us keep the feast.  
 Alleluia, alleluia, alleluia.

*The Celebrant proceeds*

The Gifts of God for the People of God.

*and may add* Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*In the Episcopal Church, all baptized Christians, including children, are welcome and encouraged to receive Communion.*

*Those who are not yet baptized are invited to come forward to receive a blessing.*

*To receive a blessing, cross your arms in front of your chest.*

*Gluten-free hosts are available upon request.*

COMMUNION HYMN *Draw nigh and take the Body of the Lord*

Hymn 328

1 Draw nigh and take the Body of the Lord,  
and drink the holy Blood for you outpoured.  
2 Saved by that Body and that holy Blood,  
with souls refreshed, we render thanks to God.  
3 Salvation's giver, Christ, the only Son,  
by his dear cross and blood the victory won.  
4 Offered was he for greatest and for least,  
himself the Victim, and himself the Priest.

5 Approach ye then with faithful hearts sincere,  
and take the pledges of salvation here.  
6 He that his saints in this world rules and shields  
to all believers life eternal yields;  
7 with heavenly bread he makes the hungry whole,  
gives living waters to the thirsting soul.  
8 Alpha-Omega, unto whom shall bow  
all nations at the doom, is with us now.

COMMUNION HYMN *When I survey the wondrous cross*

Hymn 474

*Hymn can be found in the blue hymnal on the back of the pews*

*After Communion, the Celebrant says*

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

*The Commissioning of Eucharistic Visitors may be said*

In the name of this congregation, we send you forth, bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's Body and Blood. We who are many are one Body because we all share one bread and one cup.

*The Celebrant blesses the People*

*All stand and sing*

HYMN IN PROCESSION *Ye watchers and ye holy ones*

Hymn 618

1 Ye watchers and ye holy ones,  
bright seraphs, cherubim, and thrones,  
raise the glad strain, Alleluia!  
Cry out, dominions, principedoms, powers,  
virtues, archangels, angels' choirs,  
Alleluia, alleluia, alleluia, alleluia, alleluia!  
2 O higher than the cherubim,  
more glorious than the seraphim,  
lead their praises, Alleluia!  
Thou bearer of the eternal Word,  
most gracious, magnify the Lord,  
Alleluia, alleluia, alleluia, alleluia, alleluia!

3 Respond, ye souls in endless rest,  
ye patriarchs and prophets blest,  
Alleluia, alleluia!  
Ye holy twelve, ye martyrs strong,  
all saints triumphant, raise the song,  
Alleluia, alleluia, alleluia, alleluia, alleluia!  
4 O friends, in gladness let us sing,  
supernal anthems echoing,  
Alleluia, alleluia!  
To God the Father, God the Son,  
and God the Spirit, Three in One,  
Alleluia, alleluia, alleluia, alleluia, alleluia!

THE DISMISSAL

Let us bless the Lord.  
Thanks be to God.

POSTLUDE *Sortie*

Marcel Dupre  
Arlene Small, organist