

EPISCOPAL CHURCH of the
HEAVENLY REST

God's Love. For All.

Heavenly Rest is dedicated to serving and creating community by proclaiming the good news of God's love for all. New here? Please fill out a welcome card from the back of the pew or on our website at heavenlyrestabilene.org/visit.

THIS SUNDAY

Exploring Spiritual Treasure – Join us Sunday, September 29th for a thoughtful presentation from the Craig family as they reflect on the Sacrament of Baptism. Join us for breakfast and stay for a terrific discussion. Among other things, EST is the way Heavenly Rest prepares people for confirmation, reception, and reaffirmation. When Bishop Mayer makes his official visitation next February, he will lay hands on the heads of those wish to be confirmed, received, or reaffirmed. If you haven't already been confirmed or received, you might want to begin thinking about whether you'd like to participate in these important milestones of faith! Contact any clergy with questions.

Youth Ministry – Youth Nights continue this Sunday at 5:00 pm, with pick-up at 6:45 pm. This semester, we will meet in the Youth Room of the Parish House. Youth Nights are a fantastic opportunity for teens in grades 6 through 12 to worship, build community, and explore what it means to love and live like Christ! If you have any questions about Youth Nights or are interested in getting involved with the youth, please contact Luke at Lmendez@heavenlyrestabilene.org.

Coffee Talks – Our Summer Discussion Series is continuing under the new name “Coffee Talks.” We'll watch and discuss videos together from a wide variety of perspectives. This Sunday School class is open to any interested adult. Coffee Talks takes place in the Gen Von Ende Room of the Parish House. For questions or to be added to the list, please contact Luke Mendez at Lmendez@heavenlyrestabilene.org.

LIFE IN OUR COMMUNITY

Hands-On Outreach - Our parish's outreach ministry needs donations of shampoo, body wash, deodorant, bar soap, and toothpaste. Diapers and wipes are also a constant request. Any size is needed. Our number of walkup persons has dramatically increased in the last two weeks. Anything we can put in a sack lunch for them is helpful and appreciated. As always, we can use help on Friday mornings from 8:45 until the food runs out or 11:30. The ministry always appreciates contributions of time as well!

St. Francis at the Zoo - Every year at the beginning of October, churches throughout the world celebrate the life and ministry of St. Francis of Assisi by asking God's blessing on the animals in our lives. At the Church of the Heavenly Rest, we celebrate St. Francis by blessing lions, flamingos, giraffes, and all the other animals at the Abilene Zoo! Join us at the zoo this Wednesday, October 2nd, at 5:30 p.m. for our third annual “St. Francis at the Zoo.” All are welcome for worship, fellowship, and delicious food. We hope you can join us, and we hope you invite your friends! For more information on this exciting event contact Father David at dromanik@heavenlyrestabilene.org.

Blessing of the Animals - On Sunday, October 6th all are invited to bring their pets and join us for a “Blessing of the Animals” service at 5:00 p.m. in the courtyard.

Preparation for Trick or Treating at Heavenly Rest - Halloween is a popular evening in our neighborhood! Help welcome our neighbors. There are a couple of ways to get involved: donate candy or small prizes, host or help at a trunk, or financially support our Heavenly Neighbors ministry. Candy drop-off bins will be available starting October 6th.

ALTAR FLOWERS

The flowers on the Altar are given to the glory of God and in loving memory of Steve Strain by his loving family.

Mark Your Calendars!

October 2 | St. Francis at the Zoo

October 6 | Blessing of the Animals

October 13 | Tamasha la wa Afrika

October 20 | Choral Evensong 6:00 p.m.

October 24 | Choral Evensong 6:00 p.m.

October 24-26 | Diocesan Convention at Heavenly Rest

October 31 | Trick or Treating at Heavenly Rest

THE WEEK AHEAD

Sunday, September 29th

8:00 AM Holy Eucharist - Rite I (Nave)*
9:00 AM Coffee Talks
9:15 AM Exploring Spiritual Treasure., Sunday School,
Preaching the Good Word*
10:30 AM Holy Eucharist - Rite II (Nave & livestream)*
1:00 PM Morning Prayer in Swahili*
5:00 PM Heavenly Rest Youth
7:00 PM Evening Prayer
7:30 PM Encounter - Young Adult Ministry

Monday, September 30th

5:30 AM Breakfast on Beech Street
8:30 AM Morning Prayer
6:00 PM Education for Ministry

Tuesday, October 1st

8:30 AM Morning Prayer
9:30 AM Thrift House Opens (closes at 4:30 PM)
10:00 AM Sewing Circle
10:00 AM Staff meeting
4:00 PM Contemplative Prayer
7:00 PM Abilene Pipers
8:00 PM Unity Group AA

Wednesday, October 2nd

8:30 AM Morning Prayer
9:30 AM Thrift House Opens (closes at 4:30 PM)
10:30 AM Hands-On Assistance
5:30 PM St. Francis at the Zoo
8:00 PM Adult Choir Rehearsal

Thursday, October 3rd

8:30 AM Morning Prayer
9:30 AM Bible Study

9:30 AM Thrift House Opens (closes at 4:30 PM)
12:00 PM Men's Brown Bag
1:00 PM E.S.T. Mentor Meeting
6:00 PM Girl Scout Troop
6:30 PM Unity Group AA

Friday, October 4th (offices closed at noon)

8:30 AM Morning Prayer
9:30 AM Thrift House Opens (closes at 4:30 PM)
9:30 AM Hands-On Grocery Distribution
10:30 AM Hands-On Assistance

Saturday, October 5th

8:30 AM Swahili Prayer Meeting
9:00 AM Altar Guild
10:30 AM Afternoon Children's Choir Rehearsal
4:30 PM Aleluya Kwaya Rehearsal

Sunday, October 6th

8:00 AM Holy Eucharist - Rite I (Nave)*
9:00 AM Coffee Talks
9:15 AM Exploring Spiritual Treasure., Sunday School,
Preaching the Good Word*
10:30 AM Holy Eucharist - Rite II (Nave & livestream)*
1:00 PM Morning Prayer in Swahili*
2:00 PM Daughters of the King
5:00 PM Blessing of the Animals
5:00 PM Heavenly Rest Youth
7:00 PM Evening Prayer
7:30 PM Encounter - Young Adult Ministry

*nursery care is available for ages 0-4

View a detailed schedule at heavenlyrestabilene.org/calendar.

PRAYERS

THANKSGIVINGS

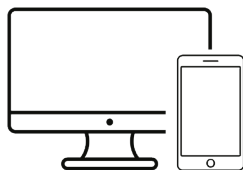
For those celebrating birthdays: Molly Christie, Gus Christie, Nancy Estes, William Marshall, Ian Meyer, Kitty Thomas

INTERCESSIONS

Thomas Madrid Family, Virginia Smith, Carol Roberts, John and Shirley Weston, Rolanda Fulham, Fabiola Mulanda, Dorothy Guerra, Francois Mulanda, Greg and Lisa Pitzer, Michael Mixon, Steve Suttle, Carly and Riley Morrow, Kandy Lee, Carolyn & Frank Sheffield, Chris Thomas, Clark Mariani, Ron Rathbun, Alfredo "Freddy" Cavazos, George Bijelic, Tom and Sharon Riley, Britt McIntyre, Beverly Wright, Andrew Hubbard, Keith Boyd, Dolores Bivins, Chris Parker, Shane Jones, Freddie Wagner, Sharon Doty, Mary Lou Robertson, Madeline, Mike Mansell, Chuck Hartgraves, Glen Funkey, Shannon Carleton, Angaza Alembo, Crystal and Abigail Keet, Charlie Humber, Donna McDonald, Elizabeth Webber, Shiann, Sydney and Everett Taylor, Heather Akers, Zach Hackel, Elon Mues, Glen Pyeatt, Anne Hart, Hannah Dale, Jacky Dominguez, Emmeryn Golden-Smith, Sandy Graham, Ramona Rodriguez, Wellborn Family, Stan Alcorn, Larry and Leta Bell, Russell McKeever, Steve Davis, Lisa Drexler, Judy Batts, Rusty Plochek, Elizabeth Burton, Ben Mendez, Mychella Schadle, Gerry Lawler, Anthony Elmore, Debbie Beeksma, Rachel Marderosian, Jamie Dunn, Karen Surovik, Beth Shoemaker, Janet & Phillip Jergins, Christopher Choate, Adley Burden, Jim McBride, Jerry Bell, BJ Madrid

For deployed military and first responders: Michael Paisley, David Broyles, Jr., Joshua Mehaffey, Weaver Lilly, Health Care Workers, Members of the Abilene Fire, Police, and Sheriff's Departments

For the recently departed: Martha, Don Wright, Ted Sanders, Dan Blackwell, Elice Garner, Mark Henderson, Steve Strain, Ben Madrid, Mwashite Julienne



Haven't seen your birthday listed?! Update your information in our church database:

Connect with your Church family online! - We are developing several streamlined ways to connect with your church family. Discover how you can interact more efficiently with your ministry groups and fellow parishioners. Our online directory is now available to access on a platform called Church Center. You must log in to heavenlyrestabilene.churchcenter.com/directory to update or create your profile. You can use your phone number or email to gain access. Please make sure to update your profile with the latest information. You also have control over what information is shared. Contact the office with questions at info@heavenlyrestabilene.org.



Follow us online! Search for @heavenlyrestabilene

Is there something you would like to share with the church? Please submit announcements and materials to the Communications office.

Contact Austin Hackel at ahackel@heavenlyrestabilene.org.