

THE EPISCOPAL CHURCH OF THE
HEAVENLY REST

Second Sunday in Lent
Holy Eucharist Rite II
Sunday, March 8th, 2020
10:30 in the morning

PRELUDE

All stand

Mark Puckett, *pianist*

CANTICLE *The Second Song of Isaiah*

S 217

Cantor

All Sing.



1. Seek the Lord while he wills to be found; call upon him when he draws near.



2. Let the wicked for - sake their ways and the e - vil ones their thoughts;



3. And let them turn to the Lord, and he will have com - pas - sion,



and to our God, for he will rich - ly par - don. 4. For my thoughts are not your thoughts,



nor your ways my ways, says the Lord. 5. For as the heavens are higher than the earth,



so are my ways higher than your ways, and my thoughts than your thoughts.



6. For as rain and snow fall from the hea - vens and return not again, but wa - ter the earth,



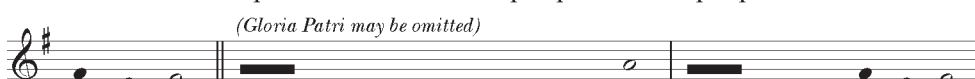
7. Bringing forth life and giv - ing growth, seed for sowing and bread for eat - ing,



8. So is my word that goes forth from my mouth; it will not return to me emp - ty;

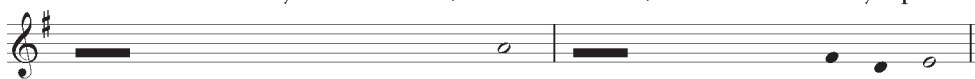


9. But it will accomplish that which I have pur - posed, and prosper in that for which



(Gloria Patri may be omitted)

I sent it. 10. Glory to the Father, and to the Son, and to the Ho - ly Spi - rit:



11. As it was in the beginning, is now, and will be for ev - er. A - men.

A PENITENTIAL ORDER

Celebrant Bless the Lord who forgives all our sins.
People His mercy endures for ever.

The Celebrant continues

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-31*

The Deacon or Celebrant then says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.


The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

All sing

THE KYRIE *Lord, have mercy*

S 96



Lord, have mer - cy. Lord, have mer - cy.



Lord, have mer - cy. Lord, have mer - cy.



Christ, have mer - cy. Christ, have mer - cy. Lord,



Christ, have mer - cy. Christ, have mer - cy.



Lord, have mer - cy. Lord, have mer - cy. Lord,



Lord, have mer - cy. Lord, have mer - cy.



Lord, have mer - cy, have mer - cy.



Lord, have mer - cy, have mer - cy.

THE COLLECT OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

All sit

THE FIRST LESSON

Genesis 12:1-4a

The Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him; and Lot went with him.

The Word of the Lord.

Thanks be to God.

All sing antiphon. The Parish Choir sings the verses.

PSALM 121 *Levavi oculos*

Plainchant: Mode II

Antiphon



My help comes from the LORD, the mak - er of heav - en and earth.

1 I lift up my eyes to the hills; *
from where is my help to come?

2 My help comes from the Lord, *
the maker of heaven and earth.

3 He will not let your foot be moved *
and he who watches over you will not fall asleep.

Antiphon

4 Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;

5 The Lord himself watches over you; *
the Lord is your shade at your right hand,

6 So that the sun shall not strike you by day, *
nor the moon by night.

Antiphon

7 The Lord shall preserve you from all evil; *
it is he who shall keep you safe.

8 The Lord shall watch over your going out and your coming in, *
from this time forth for evermore.

Antiphon

THE SECOND LESSON

Romans 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

The Word of the Lord.

Thanks be to God.

THE SEQUENCE *My faith looks up to thee*

1 My faith looks up to thee,
thou Lamb of Calvary,
Savior divine!

Now hear me while I pray,
take all my guilt away;
O let me from this day
be wholly thine.

2 May thy rich grace impart
strength to my fainting heart,
my zeal inspire;
as thou hast died for me,
O may my love to thee
pure, warm, and changeless be,
a living fire.

3 While life's dark maze I tread,
and griefs around me spread,
be thou my guide;
bid darkness turn to day;
wipe sorrow's tears away,
nor let me ever stray
from thee aside.

THE GOSPEL

John 3:1-17

✠ The Holy Gospel of our Lord Jesus Christ according to John.
Glory to you, Lord Christ.

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? "Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

The Gospel of the Lord.
Praise to you, Lord Christ.

THE SERMON

The Reverend Amanda Watson, *Assisting Priest*

Following the sermon, all stand for

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father,
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the ✠ resurrection of the dead,
and the life of the world to come. Amen.

All stand for

THE PEACE

The Peace of the Lord be always with you.
And also with you.

ANNOUNCEMENTS & ANNIVERSARY BLESSINGS

THE HOLY COMMUNION

Sung by the Parish choir

OFFERTORY

Mark Puckett, *pianist*

As alms and oblations are brought to the Altar, all stand and sing

HYMN AT THE PRESENTATION *How firm a foundation, ye saints of the Lord*

Hymn 636

1 How firm a foundation, ye saints of the Lord,
is laid for your faith in his excellent word!

What more can he say than to you he hath said,
to you that for refuge to Jesus have fled?

2 "Fear not, I am with thee; O be not dismayed!
For I am thy God, and will still give thee aid;
I'll strengthen thee, help thee, and cause thee to stand,
upheld by my righteous, omnipotent hand.

3 "When through the deep waters I call thee to go,
the rivers of woe shall not thee overflow;
for I will be with thee, thy troubles to bless,
and sanctify to thee thy deepest distress.

4 "When through fiery trials thy pathway shall lie,
my grace, all-sufficient, shall be thy supply;
the flame shall not hurt thee; I only design
thy dross to consume, and thy gold to refine.

5 "The soul that to Jesus hath fled for repose,
I will not, I will not desert to its foes;
that soul, though all hell shall endeavor to shake,
I'll never, no, never, no, never forsake."

Following the Hymn, the gifts are presented at the Altar

All things come of thee, O Lord.

And of thine own have we given thee.

THE GREAT THANKSGIVING *Eucharistic Prayer D*

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them up to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant proceeds

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

THE SANCTUS *Holy, holy, holy Lord*

S 130

**Holy, holy, holy Lord, God of power and might,
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest. Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest. Hosanna in the highest.

The People stand or kneel as they are able

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Celebrant and People

**We praise you, we bless you,
we give thanks to you,
and we pray to you, Lord our God.**

The Celebrant continues

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

Prayers for the Church and the world may be added here.

And grant that we may find our inheritance with all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven, Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Celebrant Christ our Passover is sacrificed for us.

People **Therefore let us keep the feast.**

The Celebrant proceeds

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

THE FRACTION ANTHEM

S 164

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

In the Episcopal Church, all baptized Christians, including children, are welcome and encouraged to receive Communion.

Those who are not yet baptized are invited to come forward to receive a blessing.

To receive a blessing, cross your arms in front of your chest.

Gluten-free hosts are available upon request.

COMMUNION VOLUNTARY

Mark Puckett, *pianist*

COMMUNION HYMN *Let thy Blood in mercy poured*

Hymn 313

1 Let thy Blood in mercy poured,
let thy gracious Body broken,
be to me, O gracious Lord,
of thy boundless love the token.

Thou didst give thyself for me,
now I give myself to thee.

2 Thou didst die that I might live;
blessèd Lord, thou can'st to save me;
all that love of God could give
Jesus by his sorrows gave me.

Thou didst give thyself for me,
now I give myself to thee.

3 By the thorns that crowned thy brow,
by the spear-wound and the nailing,
by the pain and death, I now
claim, O Christ, thy love unfailling.

Thou didst give thyself for me,
now I give myself to thee.

4 Wilt thou own the gift I bring?
All my penitence I give thee;
thou art my exalted King,
of thy matchless love forgive me.

Thou didst give thyself for me,
now I give myself to thee.

COMMUNION HYMN *And now, O Father, mindful of the love*

Hymn 337

Hymn can be found in the blue hymnal on the back of the pews

After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Commissioning of Eucharistic Visitors may be said

In the name of this congregation, we send you forth, bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's Body and Blood. We who are many are one Body because we all share one bread and one cup.

The Celebrant continues

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. Amen.

All stand and sing

HYMN IN PROCESSION *Led on their way by this triumphant sign*

Hymn 473

Lift high the cross,
the love of Christ proclaim
till all the world adore
his sacred Name.

3 O Lord, once lifted on the glorious tree,
as thou hast promised, draw the world to thee.

1 Led on their way by this triumphant sign,
the hosts of God in conquering ranks combine.

Lift high the cross,
the love of Christ proclaim
till all the world adore
his sacred Name.

Lift high the cross,
the love of Christ proclaim
till all the world adore
his sacred Name.

4 So shall our song of triumph ever be:
praise to the Crucified for victory.

2 Each new-born servant of the Crucified
bears on the brow the seal of him who died.

Lift high the cross,
the love of Christ proclaim
till all the world adore
his sacred Name.

Lift high the cross,
the love of Christ proclaim
till all the world adore
his sacred Name.

THE DISMISSAL

Let us go forth in the name of Christ.
Thanks be to God.

POSTLUDE

Mark Puckett, *pianist*

*Following the service, please join us for
fellowship and refreshments in Gerhart Hall.*