

EPISCOPAL CHURCH of the HEAVENLY REST

God's Love. For All.

Heavenly Rest is dedicated to serving and creating community by proclaiming the good news of God's love for all. New here? Please fill out a welcome card from the back of the pew or on our website at heavenlyrestabilene.org/visit.

LIFE IN OUR COMMUNITY



Baptism Opportunity - On September 7th, the sacrament of baptism will be offered at a combined English and Swahili service. To schedule a baptism on this date for you or your child please contact Father David at dromanik@heavenlyrestabilene.org.

Thursday Morning Bible Study - Thursday Morning Bible study is an intergenerational gathering to read, study and seek our God through the words of the Bible. It is a time to ask those questions that you have always wanted to ask but were afraid to ask within a community. This is a community that loves, cares and respects each other.

Exploring Spiritual Treasure - Exploring Spiritual Treasure, often abbreviated as EST, is a unique class that serves as an avenue for our Newcomers and those entering Heavenly Rest or the Episcopal Church to be introduced to topics around liturgy, faith, and life here. However, it is also a class open to all. EST's foundation is the process of discovering, exploring,

and sharing the spiritual gifts (i.e. "spiritual treasures") that God has given and revealed to us in all aspects of life. Each week we have a Presenter who shares their knowledge and personal insights on the topic of the day, and then we have small table discussions about how our experiences of the topic have shaped us. It is a blend of information and formation that builds community and draws people back year after year, even after Confirmation! If you have any questions or are a newcomer who would like to RSVP for the class, please reach out to the church office by phone or email, or fill out an information card in the pew! EST starts this fall on **September 7th @ 9:00am in Gerhart Hall**: Introduction & Spiritual Treasure with Fr. David Romanik, Mtr. Ashley Powers, & Mtr. Karen Boyd as the presenters.

Sunday Evening Prayer/Encounter - The parish community is invited to Evening Prayer at 7 pm on Sundays in the Chapel, hosted by the Episcopal Young Adults (EYA). After the service, the EYA community gathers for Encounter, a time of shared meals, conversation, and fellowship. Once a month, a service of Holy Communion is offered in place of Evening Prayer.

Episcopal Young Adults (EYA) - Young adults experience a variety of transitions, and a community of faith creates an atmosphere of support during this stage of life. Out of this sense of community, young adults seek ways to live out their Christian calling. Young adults at Heavenly Rest engage with God through the Episcopal tradition and experience. It is a diverse community that recognizes, challenges, supports, inspires, and engages in honest dialogue around faith to foster growth and a sense of belonging. The EYA community regularly engages in shared meals, fellowship, worship, community service, and participation in other parish ministries. For more information on current events and updates, please contact Melody Brown at mbrown@heavenlyrestabilene.org or Mother Karen Boyd at kboyd@heavenlyrestabilene.org for more information. EYA can be found on Instagram: @heavenlyrest_EYA.

Safe Church Training - Join us September 7th in Gerhart Hall following combined worship for Safe Church training (lunch included). This is for everyone who needs to catch up, renew, or begin training in the Diocesan policies to keep our children, youth, vulnerable adults, and leaders safe. We will cover all nine (9) courses which are now required of everyone serving on staff or as a volunteer in any capacity. **Please RSVP to Carol Ann at cweston@heavenlyrestabilene.org if you plan to attend** - we want to have plenty of food!

Weird Bible: Unveiling Hope in the Apocalyptic Texts - Weird Bible is a new adult class starting September 7th in the Bishop Garrett room. In popular culture, the word "apocalyptic" conjures up violent images of the end of the world. But the word comes from the Greek word Apokalypsis, which literally means "an unveiling." Many of the biblical texts we label "apocalyptic," such as Daniel and Revelation, are just plain weird and difficult to understand, and so we may tend to ignore them or relegate them to mystery. Other Christian communities might focus on a literal interpretation of these texts in order to somehow create a timeline to predict the future, which can be misguided. These texts were originally intended to bring hope to God's people facing the direst of circumstances. In this 12-week series, Dr. Jon Camp and select guests will lead a study of the apocalyptic texts in both the Old and New Testaments. Our purpose will be to read these passages in their historical context of suffering communities, and to unveil hope in God's saving work in our lives, today, despite whatever challenges that we may face.

Chamber Music Concert Series - The Church of the Heavenly Rest Chamber Music Concert Series proudly opens its 17th season with an evening of wind chamber music on Sunday, September 14 at 6:00 PM. This special performance will feature faculty and guest artists from Abilene's three universities, collaborating in a rich program of small ensemble works. The concert will culminate in the Abilene premiere of Dvořák's Serenade for Winds, a cherished masterpiece of the chamber repertoire. Under the baton of Dr. Steven Ward, this program showcases some of Abilene's finest musicians in a celebration of artistry, collaboration, and community. Don't miss this unforgettable musical evening!

Chamber
Music
Concert
Series

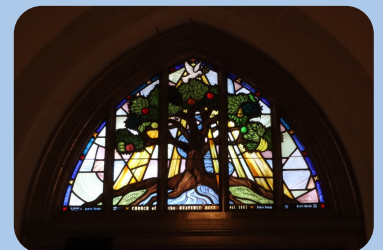
CHILDREN AND FAMILIES

Parent/Guardian Party - Parents and guardians of kids Pre-K through 12th grade are invited to celebrate the beginning of the program year with a party at the home of Weezie and Jim Fitzhugh on Saturday, September 6th from 6:00 to 8:00 p.m. (Please park on 10th Street.) Enjoy food, fun, fellowship and an overview of upcoming events and offerings. Activities will be available for children at the church. (Please contact Carol Ann Weston if your children plan to participate). We hope you can join us!

2:00PM GROW Sunday School - will begin Sunday, September 14 for those in kindergarten through 5th Grades who attend the 1PM service.

Rally Night

Join us for Rally Night on Wednesday, September 3rd at 6:00 in Gerhart Hall. This will be an opportunity to connect with friends old and new, kick off our Wednesday night programming, and learn more about the many ways to become involved in the life of Heavenly Rest. Our theme for this program year is "Rooted in the Faith." In the coming months, we will explore the ways we are connected to those who have gone before us, even as we consider all the ways God calls us to face the world in new ways. We hope you will join us for this celebration of who we are and who we are called to be!



THE WEEK AHEAD

Sunday, August 31st

8:00 AM	Holy Eucharist - Rite I (Nave)*
9:15 AM	Coffee Talks*
9:15 AM	No Sunday School for Children or Youth
10:30 AM	Holy Eucharist - Rite II (Nave & livestream)*
1:00 PM	Morning Prayer in Swahili*
7:00 PM	Evening Prayer
7:30 PM	Encounter - Young Adult Ministry

Monday, September 1st

5:30 AM	Breakfast on Beech Street
8:30 AM	Morning Prayer
6:30 PM	Education for Ministry (EfM)

Tuesday, September 2nd

8:30 AM	Morning Prayer
10:00 AM	Staff meeting
4:00 PM	Contemplative Prayer
7:00 PM	Abilene Pipers
8:00 PM	Unity Group AA

Wednesday, September 3rd

8:30 AM	Morning Prayer
10:00 AM	Sewing Circle
5:30 PM	Holy Eucharist with Prayers for Healing
6:00 PM	Rally Night and Wednesday Night Kick-off
7:30 PM	Adult Choir Rehearsal

Thursday, September 4th

8:30 AM	Morning Prayer
9:30 AM	Thursday Morning Bible Study
12:00 PM	Men's Brown Bag
12:00 PM	EST Mentor Meeting
6:00 PM	EST Mentor Meeting
8:00 PM	Unity Group AA

Friday, September 5th

8:30 AM	Morning Prayer
9:30 AM	Hands-On Grocery Distribution

Saturday, September 6th

8:30 AM	Swahili Prayer
9:00 AM	Altar Guild Preparation
10:30 AM	Afternoon Children's Choir Rehearsal
4:30 PM	Aleluya Kwaya Rehearsal
6:00 PM	Parent/Guardian Party

Sunday, September 7th

8:00 AM	Holy Eucharist - Rite I (Nave)*
9:15 AM	Adult class options: Coffee Talks, Exploring Spiritual Treasure, and Weird Bible*
9:15 AM	Sunday School for Children and Youth*
10:30 AM	Combine Service: Holy Eucharist - Rite II (Nave & livestream)*
12:00 PM	Safeguarding Training
2:00 PM	Daughters of the King
7:00 PM	Evening Prayer
7:30 PM	Encounter - Young Adult Ministry

* nursery care is available for ages 0-4

View a detailed schedule at heavenlyrestabilene.org/calendar.

ALTAR FLOWERS

The altar flowers are given to the glory of God and in celebration of daughters Emily Josephyne and Augusta Devon and their 14th Gotcha Day as a family by Kimberly Brumley.

PRAYERS

Thanksgivings for those celebrating birthdays this week: Marta Hollowell, Malinda Kraly, Georgia Morris, Adam Samuels

Intercessions: Thomas Madrid, Barbara Morris, Judy Batts, Steve Stiles, Liza Goodson Nichols, Elenora Jernigan, Elisa Garza, Chap Ramsey, Mike Mansell, David Weigle, John Weston, Bobby Forman, Emmett Miller, Hubert Smith, Kay Snead, Tyler & Alisha Powers, Stan Brown, Priscilla Hurlbut, Troy Wade, Laurie Jacoboski, William Westmoreland, Hunter Thomas, Marisa Alonso, Ben Mendez, Christopher Collard, Arnold Guerra, Burt Garvin, Susan Langford, Johnny Musselman, Sandy Bridges, Charlie & Linda Taylor, Cindy Strain, Tom Choate, Eric Tanner, Dawn Ahart, Jerry Gulley, Jeannie Best, Sarah Martin, Chris Thomas, Taylor Skye Dixon, Robin Dennis, Vicki Feeler, Ralph Webb, Karen Tucek, Carol Knapp, Keith Boyd, Jackson Murrill, Trey Blackmore, Rusty Plocheck, Barbara Brock, Freddie Maxwell, Jeff Holland, Anne Melcher, Pete Mendez, Gretchen Herman, BJ Madrid, Scott Riedel, Charles Fairchilds, Larry and Leta Bell, Fabiola Mulanda, Christopher Choate, Tommy Lindley, Shane Jones, Amanda Sellers, Russell McKeever, Francois Mulanda, Suzie Ramsey, Barbara Payne, Glen Funkey, Angaza Alembo

Intercessions for deployed military and first responders: Michael Paisley, David Broyles, Jr., Weaver Lilly, Riziki Mulanda, Fire, Police, and Sheriff's Departments, Health Care Workers

Intercessions for the recently departed: Melissa Trevina, Joan Hurt, CJ Smothermon, David Harper, Jim Barr, Fannie Baker, Gaynor Guleke, Freda Kennedy, Kaye Veach, Brad Beale

MINISTRIES

Hands-On Outreach Ministry – Our parish grocery distribution ministry, Hands-On Outreach, is currently in need of Vienna sausages, ramen, pasta sauce, and canned vegetables. If you are able to help, please bring your donations to the parish office during regular hours. Contact Sue McWilliams at smmmn@aol.com for more information. Thank you for your continued generosity!

Altar Flowers - If you would like to dedicate altar flowers in honor or memory of a loved one or special occasion, please contact the parish office at (325)-677-2091. Suggested donation is \$150.

CONTACT US

To learn more or to contact the clergy, visit us online at heavenlyrestabilene.org or by email info@heavenlyrestabilene.org.

602 Meander Street, Abilene, Texas 79602

Office Hours: M-Th 8:30 AM-12:00 PM, 1-4:30 PM, F 8:30-12:00 PM

Hands On-Assistance (Online) M,W,F 10:30 AM-12:00 PM, Grocery Distribution F 9-11:30 AM

Phone: (325) 677-2091

@heavenlyrestabilene



Thrift House, 761 Walnut Street, Abilene, TX 79601

(325) 672-3812

Open: Tuesday-Friday 9:30 AM- 4:30 PM

Is there something you would like to share with the church? Please submit announcements and materials to the Communications office.

Contact Jen Rogers at jrogers@heavenlyrestabilene.org.