

LITURGY OF GOOD FRIDAY

HOLY COMMUNION, 8:30 AM FRIDAY, APRIL 3, 2026



EPISCOPAL CHURCH of the
HEAVENLY REST

God's Love. For All.

The Good Friday Offering is designated for the Episcopal Church in Jerusalem.

*On this day the ministers enter in silence.
After a period of silence, the Celebrant says*

Blessed be our God.

For ever and ever. Amen.

Let us pray.

Read in English and Swahili

Almighty God, we pray you graciously to behold this your family, for whom our Lord Jesus Christ was willing to be betrayed, and given into the hands of sinners, and to suffer death upon the cross; who now lives and reigns with you and the Holy Spirit, one God, for ever and ever.
Amen.

Baba Mwenyezi, usikie ombi letu: uangalie na rehema jamaa yako hii; kwa ajili yake, Bwana wetu Yesu Kristo alikubali kutolewa na kutiwa mikononi mwa watu wabaya, na kuvumilia mauti ya musalaba, anayeishi na kutawala nawe, na Roho Mutakatifu, Mungu mumoja, sasa hata milele.
Amina.

READING

Isaiah 52:13-53:12

A reading from the Prophet Isaiah.

See, my servant shall prosper; he shall be exalted and lifted up, and shall be very high. Just as there were many who were astonished at him --so marred was his appearance, beyond human semblance, and his form beyond that of mortals-- so he shall startle many nations; kings shall shut their mouths because of him; for that which had not been told them they shall see, and that which they had not heard they shall contemplate. Who has believed what we have heard? And to whom has the arm of the Lord been revealed? For he grew up before him like a young plant, and like a root out of dry ground; he had no form or majesty that we should look at him, nothing in his appearance that we should desire him. He was despised and rejected by others; a man of suffering and acquainted with infirmity; and as one from whom others hide their faces he was despised, and we held him of no account. Surely he has borne our infirmities and carried our diseases; yet we accounted him stricken, struck down by God, and afflicted. But he was wounded for our transgressions, crushed for our iniquities; upon him was the punishment that made us whole, and by his bruises we are healed. All we like sheep have gone astray; we have all turned to our own way, and the Lord has laid on him the iniquity of us all. He was oppressed, and he was afflicted, yet he did not open his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he did not open his mouth. By a perversion of justice he was taken away. Who could have imagined his future? For he was cut off from the land of the living, stricken for the transgression of my people. They made his grave with the wicked and his tomb with the rich, although he had done no violence, and there was no deceit in his mouth. Yet it was the will of the Lord to crush him with pain. When you make his life an offering for sin, he shall see his offspring, and shall prolong his days; through him the will of the Lord shall prosper. Out of his anguish he shall see light; he shall find satisfaction through his knowledge. The righteous one, my servant, shall make many righteous, and he shall bear their iniquities. Therefore I will allot him a portion with the great, and he shall divide the spoil with the strong; because he poured out himself to death, and was numbered with the transgressors; yet he bore the sin of many, and made intercession for the transgressors.

The Word of the Lord.

Thanks be to God.

Read in unison

PSALM 22:I-II *Deus, Deus meus*

1 My God, my God, why have you forsaken me? *
and are so far from my cry
and from the words of my distress?
2 O my God, I cry in the daytime, but you do not answer; *
by night as well, but I find no rest.
3 Yet you are the Holy One, *
enthroned upon the praises of Israel.
4 Our forefathers put their trust in you; *
they trusted, and you delivered them.
5 They cried out to you and were delivered; *
they trusted in you and were not put to shame.
6 But as for me, I am a worm and no man, *
scorned by all and despised by the people.
7 All who see me laugh me to scorn; *
they curl their lips and wag their heads, saying,
8 "He trusted in the Lord; let him deliver him; *
let him rescue him, if he delights in him."
9 Yet you are he who took me out of the womb, *
and kept me safe upon my mother's breast.
10 I have been entrusted to you ever since I was born; *
you were my God when I was still in my mother's womb.
11 Be not far from me, for trouble is near, *
and there is none to help.

Read in Swahili

READING

Hebrews 10:1-25

A reading from the Letter to the Hebrews.

Since the law has only a shadow of the good things to come and not the true form of these realities, it can never, by the same sacrifices that are continually offered year after year, make perfect those who approach. Otherwise, would they not have ceased being offered, since the worshipers, cleansed once for all, would no longer have any consciousness of sin? But in these sacrifices there is a reminder of sin year after year. For it is impossible for the blood of bulls and goats to take away sins. Consequently, when Christ came into the world, he said, "Sacrifices and offerings you have not desired, but a body you have prepared for me; in burnt offerings and sin offerings you have taken no pleasure. Then I said, 'See, God, I have come to do your will, O God' (in the scroll of the book it is written of me)." When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), then he added, "See, I have come to do your will." He abolishes the first in order to establish the second. And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all. And every priest stands day after day at his service, offering again and again the same sacrifices that can never take away sins. But when Christ had offered for all time a single sacrifice for sins, "he sat down at the right hand of God," and since then has been waiting "until his enemies would be made a footstool for his feet." For by a single offering he has perfected for all time those who are sanctified. And the Holy Spirit also testifies to us, for after saying, "This is the covenant that I will make with them after those days, says the Lord: I will put my laws in their hearts, and I will write them on their minds," he also adds, "I will remember their sins and their lawless deeds no more." Where there is forgiveness of these, there is no longer any offering for sin. Therefore, my friends, since we have confidence to enter the sanctuary by the blood of Jesus, by the new and living way that he opened for us through the curtain (that is, through his flesh), and since we have a great priest over the house of God, let us approach with a true heart in full assurance of faith, with our

hearts sprinkled clean from an evil conscience and our bodies washed with pure water. Let us hold fast to the confession of our hope without wavering, for he who has promised is faithful. And let us consider how to provoke one another to love and good deeds, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day approaching.

Basi torati, kwa kuwa ni kivuli cha mema yatakayokuwa, wala si sura yenyewe ya mambo hayo, kwa dhabihu zile zile wanazozitoa kila mwaka daima, haiwezi wakati wo wote kuwakamilisha wakaribiao. Kama ndivyo, je! Dhabihu hazingekoma kutolewa; kwa maana waabuduo, wakiisha kusafishwa mara moja, wasingejiona tena kuwa na dhambi? Lakini katika dhabihu hizo liko kumbukumbu la dhambi kila mwaka. Maana haiwezekani damu ya mafahali na mbuzi kuondoa dhambi. Kwa hiyo ajapo ulimwenguni, asema, Dhabihu na toleo hukutaka, Lakini mwili uliniwekea tayari; Sadaka za kuteketezwa na sadaka za dhambi hukupendezwa nazo; Ndipo niliposema, Tazama, nimekuja (katika gombo la chuo nimeandikiwa) Niyafanye mapenzi yako, Mungu. Hapo juu asemapo, Dhabihu na matoleo na sadaka za kuteketezwa na hizo za dhambi hukuzitaka, wala hukupendezwa nazo (zitolewazo kama ilivyoamuru torati), ndipo aliposema, Tazama, nimekuja niyafanye mapenzi yako. Aondoa la kwanza, ili kusudi alisimamishe la pili. Katika mapenzi hayo mmepata utakaso, kwa kutolewa mwili wa Yesu Kristo mara moja tu. Na kila kuhani husimama kila siku akifanya ibada, na kutoa dhabihu zile zile mara nyingi; ambazo haziwezi kabisa kuondoa dhambi. Lakini huyu, alipokwisha kutoa kwa ajili ya dhambi dhabihu moja idumuyo hata milele, aliketi mkono wa kuume wa Mungu; tangu hapo akingojea hata adui zake wawekwe kuwa chini ya miguu yake. Maana kwa toleo moja amewakamilisha hata milele hao wanaotakaswa. Na Roho Mtakatifu naye amshuhudia; kwa maana, baada ya kusema, Hili ni agano nitakaloagana nao baada ya siku zile, anena Bwana, Nitatia sheria zangu mioyoni mwao, Na katika nia zao nitaziandika; ndipo anenapo, Dhambi zao na uasi wao sitaukumbuka tena kabisa. Basi, ondoleo la hayo likiwapo, hapana toleo tena kwa ajili ya dhambi. Basi, ndugu, kwa kuwa tuna ujasiri wa kupaingia patakatifu kwa damu ya Yesu, njia ile aliyotuanzia iliyo mpya, iliyo hai, ipitayo katika pazia, yaani, mwili wake; na kuwa na kuhani mkuu juu ya nyumba ya Mungu; na tukaribie wenye moyo wa kweli, kwa utimilifu wa imani, hali tumenyunyiziwa mioyo tuache dhamiri mbaya, tumeoshwa miili kwa maji safi. Na mlishike sana ungamo la tumaini letu, lisigeuke; maana yeye aliyeahidi ni mwaminifu; tukaangaliane sisi kwa sisi na kuhimizana katika upendo na kazi nzuri; wala tusiache kukusanyika pamoja, kama ilivyo desturi ya wengine; bali tuonyane; na kuzidi kufanya hivyo, kwa kadiri mwonavyo siku ile kuwa inakaribia.

The Word of the Lord.

Thanks be to God.

THE GOSPEL

John 19:1-37

The Passion of our Lord Jesus Christ according to John.

Then Pilate took Jesus and had him flogged. And the soldiers wove a crown of thorns and put it on his head, and they dressed him in a purple robe. They kept coming up to him, saying, "Hail, King of the Jews!" and striking him on the face. Pilate went out again and said to them, "Look, I am bringing him out to you to let you know that I find no case against him." So Jesus came out, wearing the crown of thorns and the purple robe. Pilate said to them, "Here is the man!" When the chief priests and the police saw him, they shouted, "Crucify him! Crucify him!" Pilate said to them, "Take him yourselves and crucify him; I find no case against him." The Jews answered him, "We have a law, and according to that law he ought to die because he has claimed to be the Son of God." Now when Pilate heard this, he was more afraid than ever. He entered his headquarters again and asked Jesus, "Where are you from?" But Jesus gave him no answer. Pilate therefore said to him, "Do you refuse to speak to me? Do you not know that I have power to release you, and power to crucify you?" Jesus answered him, "You would have no power over me unless it had been given you from above; therefore the one who handed me over to you is guilty of a greater sin." From then on Pilate tried to release him, but the Jews cried out, "If you

release this man, you are no friend of the emperor. Everyone who claims to be a king sets himself against the emperor.” When Pilate heard these words, he brought Jesus outside and sat on the judge’s bench at a place called The Stone Pavement, or in Hebrew Gabbatha. Now it was the day of Preparation for the Passover; and it was about noon. He said to the Jews, “Here is your King!” They cried out, “Away with him! Away with him! Crucify him!” Pilate asked them, “Shall I crucify your King?” The chief priests answered, “We have no king but the emperor.” Then he handed him over to them to be crucified. So they took Jesus; and carrying the cross by himself, he went out to what is called The Place of the Skull, which in Hebrew is called Golgotha. There they crucified him, and with him two others, one on either side, with Jesus between them. Pilate also had an inscription written and put on the cross. It read, “Jesus of Nazareth, the King of the Jews.” Many of the Jews read this inscription, because the place where Jesus was crucified was near the city; and it was written in Hebrew, in Latin, and in Greek. Then the chief priests of the Jews said to Pilate, “Do not write, ‘The King of the Jews,’ but, ‘This man said, I am King of the Jews.’” Pilate answered, “What I have written I have written.” When the soldiers had crucified Jesus, they took his clothes and divided them into four parts, one for each soldier. They also took his tunic; now the tunic was seamless, woven in one piece from the top. So they said to one another, “Let us not tear it, but cast lots for it to see who will get it.” This was to fulfill what the scripture says, “They divided my clothes among themselves, and for my clothing they cast lots.” And that is what the soldiers did. Meanwhile, standing near the cross of Jesus were his mother, and his mother’s sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, “Woman, here is your son.” Then he said to the disciple, “Here is your mother.” And from that hour the disciple took her into his own home. After this, when Jesus knew that all was now finished, he said (in order to fulfill the scripture), “I am thirsty.” A jar full of sour wine was standing there. So they put a sponge full of the wine on a branch of hyssop and held it to his mouth. When Jesus had received the wine, he said, “It is finished.” Then he bowed his head and gave up his spirit. Since it was the day of Preparation, the Jews did not want the bodies left on the cross during the sabbath, especially because that sabbath was a day of great solemnity. So they asked Pilate to have the legs of the crucified men broken and the bodies removed. Then the soldiers came and broke the legs of the first and of the other who had been crucified with him. But when they came to Jesus and saw that he was already dead, they did not break his legs. Instead, one of the soldiers pierced his side with a spear, and at once blood and water came out. (He who saw this has testified so that you also may believe. His testimony is true, and he knows that he tells the truth.) These things occurred so that the scripture might be fulfilled, “None of his bones shall be broken.” And again another passage of scripture says, “They will look on the one whom they have pierced.”

A meditation, silent or spoken, may be offered at this time

SOLEMN COLLECTS

The person appointed says to the people

Dear People of God: Our heavenly Father sent his Son into the world, not to condemn the world, but that the world through him might be saved; that all who believe in him might be delivered from the power of sin and death, and become heirs with him of everlasting life.

We pray, therefore, for people everywhere according to their needs.

Let us pray for the holy Catholic Church of Christ throughout the world;

For its unity in witness and service

For all bishops and other ministers and the people whom they serve

For Scott, our Bishop, and all the people of this diocese

For all Christians in this community

For those about to be baptized

That God will confirm his Church in faith, increase it in love, and preserve it in peace.

Silence

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

Let us pray for all nations and peoples of the earth, and for those in authority among them;

For Donald, the President of the United States

For the Congress and the Supreme Court

For the Members and Representatives of the United Nations

For all who serve the common good

That by God's help they may seek justice and truth, and live in peace and concord.

Silence

Almighty God, kindle, we pray, in every heart the true love of peace, and guide with your wisdom those who take counsel for the nations of the earth; that in tranquility your dominion may increase, until the earth is filled with the knowledge of your love; through Jesus Christ our Lord. **Amen.**

Let us pray for all who suffer and are afflicted in body or in mind;

For the hungry and the homeless, the destitute and the oppressed

For the sick, the wounded, and the crippled

For those in loneliness, fear, and anguish

For those who face temptation, doubt, and despair

For the sorrowful and bereaved

For prisoners and captives, and those in mortal danger

That God in his mercy will comfort and relieve them, and grant them the knowledge of his love, and stir up in us the will and patience to minister to their needs.

Silence

Gracious God, the comfort of all who sorrow, the strength of all who suffer: Let the cry of those in misery and need come to you, that they may find your mercy present with them in all their afflictions; and give us, we pray, the strength to serve them for the sake of him who suffered for us, your Son Jesus Christ our Lord. **Amen.**

Let us pray for all who have not received the Gospel of Christ;

For those who have never heard the word of salvation

For those who have lost their faith

For those hardened by sin or indifference

For the contemptuous and the scornful

For those who are enemies of the cross of Christ and persecutors of his disciples

For those who in the name of Christ have persecuted others

That God will open their hearts to the truth, and lead them to faith and obedience.

Silence

Merciful God, creator of all the peoples of the earth and lover of souls: Have compassion on all who do not know you as you are revealed in your Son Jesus Christ; let your Gospel be preached with grace and power to those who have not heard it; turn the hearts of those who resist it; and bring home to your fold those who have gone astray; that there may be one flock under one shepherd, Jesus Christ our Lord. **Amen.**

Let us commit ourselves to God, and pray for the grace of a holy life, that, with all who have departed this world and have died in the peace of Christ, and those whose faith is known to God alone, we may be accounted worthy to enter into the fullness of the joy of our Lord, and receive the crown of life in the day of resurrection.

Silence

O God of unchangeable power and eternal light: Look favorably on your whole Church, that wonderful and sacred mystery; by the effectual working of your providence, carry out in tranquility the plan of salvation; let the whole world see and know that things which were cast down are being raised up, and things which had grown old are being made new, and that all things are being brought to their perfection by him through whom all things were made, your Son Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

THE ANTHEMS

ANTHEM 1

We glory in your cross, O Lord,
**and praise and glorify your holy resurrection;
for by virtue of your cross
joy has come to the whole world.**

May God be merciful to us and bless us,
show us the light of his countenance, and come to us.

**Let your ways be known upon earth,
your saving health among all nations.**

Let the peoples praise you, O God;
let all the peoples praise you.

**We glory in your cross, O Lord,
and praise and glorify your holy resurrection;
for by virtue of your cross
joy has come to the whole world.**

ANTHEM 2

We adore you, O Christ, and we bless you,
because by your holy cross you have redeemed the world.

If we have died with him, we shall also live with him;
if we endure, we shall also reign with him.

**We adore you, O Christ, and we bless you,
because by your holy cross you have redeemed the world.**

ANTHEM 3

O Savior of the world,
who by thy cross and precious blood hast redeemed us:
Save us and help us, we humbly beseech thee, O Lord.

THE CONFESSION OF SIN

A Deacon or Priest says

Let us confess our sins against God and our neighbor.

**Most merciful God, we confess that we have sinned against you in thought, word, and deed,
by what we have done, and by what we have left undone. We have not loved you with our
whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly
repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may
delight in your will, and walk in your ways, to the glory of your Name. Amen.**

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Celebrant continues

And now, as our Savior Christ has taught us, we are bold to say,
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven, Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

DISTRIBUTION OF COMMUNION FROM THE RESERVED SACRAMENT

The Celebrant will distribute all the remaining Sacrament to the People.

The service concludes with the following prayer. No blessing or dismissal is added.

Lord Jesus Christ, Son of the living God, we pray you to set your passion, cross, and death between your judgment and our souls, now and in the hour of our death. Give mercy and grace to the living; pardon and rest to the dead; to your holy Church peace and concord; and to us sinners everlasting life and glory; for with the Father and the Holy Spirit you live and reign, one God, now and for ever. **Amen.**

The congregation departs in silence.

A note on the Gospel text read today

There have been lamentable periods during Christian history (some distressingly recent) in which St. John's account of the Passion, which is traditionally read on Good Friday, has been used to justify the persecution of the Jewish people. Specifically, some have interpreted the evangelist's references to "the Jews" as a way of identifying those responsible for Christ's death. These references, however, should be placed in the broader context of the New Testament, which understands that the Church has been, in the words of St. Paul, "grafted into" the family of Israel. Through our baptism into the death and resurrection of Jesus Christ, we believe we are inheritors of the promises made to Abraham. By the same token, however, the story of rejection and infidelity described in John's account of the Passion applies as much to us as it does to those crowded before Pilate. John's references to "the Jews", in other words, are a universal indictment: all of us have sinned and fallen short of the glory of God. Moreover, none of us can be sure how readily we would abandon everything we care about for the sake of expediency. John's account of the Passion reveals that hypocrisy is endemic to the human condition: no matter who we are or where we come from. Ultimately, the conclusion John leads us to draw as we listen to his narration of Jesus' final hours is not "they are to blame", but rather "we are to blame".

