

EPISCOPAL CHURCH of the  
**HEAVENLY REST**

God's Love. For All.

Heavenly Rest is dedicated to serving and creating community by proclaiming the good news of God's love for all. New here? Please fill out a welcome card from the back of the pew or on our website at [heavenlyrestabilene.org/visit](http://heavenlyrestabilene.org/visit).

**ANNOUNCEMENTS**



**United Thank Offering** - Today is the ingathering for our United Thank Offering collections. Please give your blue boxes to the ushers during the offertory. UTO is a ministry of The Episcopal Church for the mission of the whole church. UTO distributes 100% of what is collected to support innovative mission and ministry throughout The Episcopal Church. Thank you for your generous support!

**Easter Choral Evensong** - Our parish choir has prepared a beautiful liturgy of sung prayers for the season of Easter. Join us for a Choral Evensong tonight at 5:00 p.m. in the Nave.

**Ascension Day Eucharist** - Heavenly Rest will celebrate Ascension Day on Thursday, May 26th, with a service of Holy Eucharist at 7:00 p.m. Ascension Day is the occasion on which the risen Christ is taken into heaven after appearing to his followers for forty days (Acts 1:1-11, Mk 16:19). The Ascension marks the conclusion of Jesus' post-resurrection appearances. It is the final elevation of his human nature to divine glory and the near presence of God. The Ascension is affirmed by the Nicene and Apostles' Creeds. The Ascension is celebrated on Ascension Day, the Thursday that is the fortieth day of the Easter season. It is a principal feast of the church year in the Episcopal Church.

**Final Wednesday in Eastertide** - Next week, we will have opportunities for hands-on creation care activities that focus on repurposing, reusing, and recycling. Join us for our final Wednesday night during Eastertide as we reflect on our role in caring for creation and consider our responsibility to love as God loves. Activities begin at 6:30 (after Wednesday night supper) in Gerhart Hall. Wednesday, May 18th, will be the last Wednesday night supper and programming for the semester.



**Exploring Spiritual Treasure** - Are you looking for a way to connect more deeply with your spirituality and learn more about what the Episcopal church has to offer? Please consider joining our Exploring Spiritual Treasure class on Sunday mornings at 9:00 a.m. in Gerhart Hall. In our final spring session, we are talking about our spiritual connections to our favorite hymns. Our last presentation of the semester is from Bishop Payne on May 15th. We are currently planning our upcoming class for the fall. To learn more about these classes, contact Mother Corrie Cabes at [ccabes@heavenlyrestabilene.org](mailto:ccabes@heavenlyrestabilene.org).

**MARK YOUR CALENDARS: Family Vacation Bible School** - VBS for all ages, children through adults, is scheduled for June 6-8th, from 6:30 to 8:30 p.m. Our theme is "Built to Last Forever." An intergenerational team is planning Scripture, stories, recreation, art, snacks, music, and more! We will lead into the annual Children's Art and Literacy Festival (C.A.L.F.) the following weekend using one of the featured books, Sophie Blackall's *Hello Lighthouse*, and scriptures about Jesus as the Rock and the Light of the World. Mark your calendar and plan for your whole family to join us. Register at [heavenlyrestabilene.org/vbs](http://heavenlyrestabilene.org/vbs).

FAMILY VACATION BIBLE SCHOOL



**BUILT TO LAST  
FOREVER**

**JUNE 6th-8th  
6:30-8:30 p.m.**

register at [heavenlyrestabilene.org/vbs](http://heavenlyrestabilene.org/vbs)

## CELEBRATIONS IN MAY

### **May 15 - Appreciation Sunday**

This is a special time to acknowledge worship leaders, leaders of children and youth, adult study leaders, altar guild, kitchen and office volunteers, acolytes, and all others who serve in the ministries of Heavenly Rest.

### **May 22 - Music Sunday**

We will celebrate all who are involved in the music ministries of Heavenly Rest including child, youth, and adult choristers, bell ringers, musicians, and music leaders.

## **THE WEEK AHEAD**

### **Sunday, May 15th - Appreciation Sunday**

8:00 AM Holy Eucharist - Rite I (Nave)\*  
9:15 AM Sunday School\* (last classes of the semester)  
10:30 AM Holy Eucharist - Rite II (Nave & livestream)\*  
1:00 PM Worship in Swahili\*  
3:30 PM VBS planning meeting  
5:00 PM Evensong

### **Monday, May 16th**

5:30 AM Breakfast On Beech Street  
8:30 AM Morning Prayer  
10:30 AM Hands-On Assistance (online)  
6:00 PM Biblia: Heavenly Rest Book Study

### **Tuesday, May 17th**

8:30 AM Morning Prayer  
10:00 AM Staff meeting  
4:00 PM Contemplative Prayer  
5:30 PM Prayer Quilt & Shawl Ministry  
8:00 PM Unity Group AA

### **Wednesday, May 18th**

8:30 AM Morning Prayer  
10:30 AM Hands-On Assistance (online)  
11:30 AM Abilene Association of Congregations  
5:15 PM Children's Music\*  
5:30 PM Holy Eucharist with prayers for healing\*  
6:00 PM Wednesday night supper\*  
6:30 PM Programming for children, youth, & adults\*  
7:00 PM Canterbury Bells rehearsal

### **Thursday, May 19th**

8:30 AM Morning Prayer  
9:30 AM Bible Study  
11:30 AM St. John's Board meeting  
12:00 PM CODA meeting  
1:00 PM Men's Brown Bag Lunch  
7:00 PM Adult Choir rehearsal  
8:00 PM Unity Group AA

### **Friday, May 20th (offices closed at noon)**

8:30 AM Morning Prayer  
9:30 AM Grocery Distribution  
10:30 AM Hands-On Assistance (online)  
11:30 AM Thrift House meeting

### **Saturday, May 21st**

9:00 AM Altar Guild  
4:30 PM Alleluia Choir rehearsal

### **Sunday, May 22nd - Music Sunday**

8:00 AM Holy Eucharist - Rite I (Nave)\*  
10:30 AM Holy Eucharist - Rite II (Nave & livestream)\*  
1:00 PM Worship in Swahili\*  
2:00 PM Liturgy at Lyndale

*\*nursery care is available for ages 0-4*

*View a detailed schedule at [heavenlyrestabilene.org/calendar](http://heavenlyrestabilene.org/calendar).*

## **PRAYERS**

### THANKSGIVINGS

**For those celebrating birthdays this week:** Michael Brandon, Julie Beckham, Elizabeth Romanik, Julia Treece, Danna Ferrell, Sharon Kelley, Rosemary Suttle, Kaitlyn Powell, Claire Carlson

### INTERCESSIONS

Kay Knight, Robert, Charles Robert Lembke, Jerrie Lembke, Angaza Robert, Amy Edwards Meyers, Jacob Lollar, Karron Krenwelge, Ginger Locker, Mindy Meyer McClure, Lynn Gillespie, Ann Hollandsworth, Jamie Sargisson, Debbie Lutes, Aaron Best, Summer Casey, Ethan Edwards, Kathy Hale, Frances Self, Jackie Lozano, Pauline Haller, Carolyn Martin, Pat Reedy, Trevor Taubert, Andrew Navarette, Helen Andrews, BJ Madrid, Linda Lantz, Dana Vickers, Traci Doty, Sandy Graham, Larry Bell, Betty Parsley, Lucy Rodriguez, Arthur and Hasmik Ohanov, Joel and Yana Petty and family, and Tatiana Petrova, Donna Shipp, Linda Ratcliffe, Johnny Mendoza, Gloria Dawley, Jim Adams, Sheila Fritz, Mark Hoppe, Gail Kaiser, Jane, Jennifer Merritt, Hank Beckham, Ken Reed, Lew Carter, Joann Adcock, Chris Choate

**For deployed military and first responders:** Joseph Lopez, Michael Paisley, Chandler Lewis, Fire, Police, and Sheriff's Departments, Health Care Workers

**For the recently departed:** Sharon Rathbun, Charles Scarborough, Maureen McCormick



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