

EPISCOPAL CHURCH of the
HEAVENLY REST

God's Love. For All.

Nineteenth Sunday after Pentecost
Holy Eucharist Rite II
Sunday, September 29th, 2024
10:30 in the morning

PRELUDE *If God Be For Us* from *MESSIAH*

George Frideric Handel (1685-1759)
Poppy Teague, *Soprano Soloist*

*If God be for us, who can be against us? Who shall lay any thing to the charge of God's elect?
It is God that justifieth, who is he that condemneth? It is Christ that died, yea,
rather, that is risen again, who is at the right hand of God, who makes intercession for us.*

HYMN AT THE PROCESSION *God of the prophets, bless the prophets' heirs*

Hymn 359
Tune: *Toulon*

THE OPENING ACCLAMATION

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever. Amen.**

Celebrant

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly
love you and worthily magnify your holy Name; through Christ our Lord. **Amen.**

HYMN OF PRAISE *Benedictus es, Domine*

Hymn S236

Glory to you, Lord God of our fathers; *
you are worthy of praise; glory to you.
Glory to you for the radiance of your holy Name; *
we will praise you and highly exalt you for ever.

Glory to you in the splendor of your temple; *
on the throne of your majesty, glory to you.
Glory to you, seated between the Cherubim; *
we will praise you and highly exalt you for ever.

Glory to you, beholding the depths; *
in the high vault of heaven, glory to you.
Glory to you, Father, Son, and Holy Spirit; *
we will praise you and highly exalt you for ever.

THE COLLECT OF THE DAY

The Lord be with you.
And also with you.
Let us pray.

O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

FIRST READING

Numbers 11:4-6, 10-16, 24-29

The rabble among them had a strong craving; and the Israelites also wept again, and said, "If only we had meat to eat! We remember the fish we used to eat in Egypt for nothing, the cucumbers, the melons, the leeks, the onions, and the garlic; but now our strength is dried up, and there is nothing at all but this manna to look at." Moses heard the people weeping throughout their families, all at the entrances of their tents. Then the Lord became very angry, and Moses was displeased. So Moses said to the Lord, "Why have you treated your servant so badly? Why have I not found favor in your sight, that you lay the burden of all this people on me? Did I conceive all this people? Did I give birth to them, that you should say to me, 'Carry them in your bosom, as a nurse carries a sucking child,' to the land that you promised on oath to their ancestors? Where am I to get meat to give to all this people? For they come weeping to me and say, 'Give us meat to eat!' I am not able to carry all this people alone, for they are too heavy for me. If this is the way you are going to treat me, put me to death at once—if I have found favor in your sight—and do not let me see my misery." So the Lord said to Moses, "Gather for me seventy of the elders of Israel, whom you know to be the elders of the people and officers over them; bring them to the tent of meeting, and have them take their place there with you." So Moses went out and told the people the words of the Lord; and he gathered seventy elders of the people, and placed them all around the tent. Then the Lord came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again. Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, "Eldad and Medad are prophesying in the camp." And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, "My lord Moses, stop them!" But Moses said to him, "Are you jealous for my sake? Would that all the Lord's people were prophets, and that the Lord would put his spirit on them!"

The Word of the Lord
Thanks be to God.

The Lector and People pray responsively by half verse

ANTIPHON *Organ, Choir, All*

The com - mand - ment of the Lord gives light to the eyes.

PSALM TONE

tone: SINE NOMINE

PSALM 19:7-14 *Caeli enarrant*

7 The law of the Lord is perfect, ... and re-[vives] the soul;*
 the testimony of the Lord is sure, ... and gives [wisdom to] the innocent.

- 8 **The statutes of the Lord are just, ... and re-[j]oice the heart;***
the commandment of the Lord is clear, ... and gives [light to] the eyes.
- 9 The fear of the Lord is clean and en-[d]ures forever;*
- the judgments of the Lord are true and righteous [al]-together.
- 10 **More to be desired are they than gold, ... more than [much] fine gold,***
sweeter far than honey, ... than honey [in] the comb.

Antiphon

- 11 By them also is your [servant] enlightened,*
and in keeping them there is [great] reward.
- 12 **Who can tell how often [he] offends?***
Cleanse me from my [se]-cret faults.
- 13 Above all, ... keep your servant from presumptuous sins; ...
let them not get do-[min]-ion over me;*
- then shall I be whole and sound, ... and innocent of a [great] offense.
- 14 **Let the words of my mouth, ... and the meditation of my heart, ...**
be acceptable [in] your sight,*
O Lord my strength and [my] redeemer.

SECOND READING

James 5:13-20

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest. My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

The Word of the Lord
Thanks be to God.

SEQUENCE HYMN *Where cross the crowded ways of life*

Hymn 609
Tune: *Gardiner*

THE GOSPEL

Mark 9:38-50

The Holy Gospel of our Lord Jesus Christ according to Mark.
Glory to you, Lord Christ.

John said to Jesus, "Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us." But Jesus said, "Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward. "If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched. "For everyone

will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another.”

The Gospel of the Lord.

Praise to you, Lord Christ

Children ages four through seven are invited to attend Wiggle Worship, following the Children's cross to the Children's worship space. Children who attend Wiggle Worship will return to the Nave during the Peace.

THE SERMON

The Reverend Dr. Russell Dickerson, *Deacon*

Following the sermon, all stand for

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father,
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

A Deacon or Priest says

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

People **For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world;

People **For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;

People **For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;

People **For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God;

People **For all who proclaim the Gospel, and all who seek the Truth.**

For all bishops and other ministers;

People **For all who serve God in the Church.**

For the special needs and concerns of this congregation.

Silence. The People may add their own petitions

Hear us, Lord;

People **For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

Silence. The People may add their own thanksgivings

We will exalt you, O God our King;

People **And praise your Name for ever and ever.**

We pray for all who have died; that they may have a place in your eternal kingdom.

Silence. The People may add their own thanksgivings

Lord, let your loving-kindness be upon them;.

People **Who put their trust in you.**

Deacon

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and the People

Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

All stand for

THE PEACE

The Peace of the Lord be always with you.
And also with you.

THE HOLY COMMUNION

OFFERTORY SENTENCE

At Heavenly Rest, we believe that we are called to respond to God's grace and generosity by giving of our time, talent, and treasure. The work of this church community is made possible by the financial contributions of those who worship here and participate in the life of this place.

There are several ways to make a financial gift to Heavenly Rest: you may place cash or a check in the alms basin as it goes by; text the amount you wish to contribute to 84321; use the "Give" tab on your profile in the ChurchCenter App (also known as the Directory App); or visit our website by using the QR code below.

Scan for online giving.
Thank you for your generosity!



OFFERTORY *Ah, Thou Poor World*

Johannes Brahms (1833-1897)

*Ah, thou poor world, thou cheatest me,
That I confess unfeignedly, Yet in thee seek my pleasure.
False world, thou art but idle show,
Thy splendor fades, as well I know, Thy joys have briefest measure.
Thy wealth, thine hours manifold, In need, in death no comfort hold,
Thy gold is naught but tinsel gold, Be thou, O Lord, my treasure.*

HYMN AT THE PRESENTATION *Spirit divine, attend our prayers*

Hymn 509
Tune: *Nun danket all und bringet Ehr*

Celebrant All things come of thee, O Lord.
People **And of thine own have we given thee.**

THE GREAT THANKSGIVING *Eucharistic Prayer A*

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is said

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS *Holy, holy, holy Lord*

S 128



ho - ly Lord, God of power and might,
 heaven and earth are full of your glo - ry. Ho-san-na in the
 high - est. Bless - ed is he who
 comes in the name of the Lord. Ho-san-na in the high-est.

The People stand or kneel as they are able

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven, Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

O Lamb of God, that ta - kest a -
 way the sins of the world, have mer - cy up -
 on us. O Lamb of God, that
 ta - kest a - way the sins of the world, have
 mer - cy up - on us. O Lamb of
 God, that ta - kest a - way the sins of the
 world, grant us thy peace.

The Celebrant proceeds

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

DISTRIBUTION OF COMMUNION

All baptized Christians are welcome to receive Communion. If you are not baptized, you may come forward to receive a blessing by folding your arms over your chest. Gluten-free hosts are available upon request. If you are interested in being baptized, please speak to one of the clergy after the service.

Communion will be distributed at two stations: at the altar rail and in front of the pulpit. If you do not wish to receive wine, please cross your arms over your chest when the chalice comes by. Please follow the instructions of the ushers as you wait to receive Communion.

COMMUNION MEDITATION

COMMUNION HYMNS

O Food to pilgrims given

Hymn 309

Tune: *O Welt, ich muss dich lassen*

If thou but trust in God to guide thee

Hymn 635

Tune: *Wer nur den lieben Gott*

COMMUNION MOTET *Teach Me, O Lord*

Thomas Attwood (1765-1838)

Teach me, O Lord, the way of thy statutes; and I shall keep it unto the end.

After Communion, the Celebrant says

Let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Commissioning of Eucharistic Visitors may be said.

In the name of this congregation, we send you forth, bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's Body and Blood. We who are many are one Body because we all share one bread and one cup.

The Celebrant blesses the People

All stand and sing

HYMN IN PROCESSION *Love divine, all loves excelling*

Hymn 657

Tune: *Hyfydol*

WELCOME & ANNOUNCEMENTS

THE DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.

POSTLUDE *If Thou But Trust in God to Guide Thee*

Johann Sebastian Bach (1685-1750)

MINISTERS OF THE LITURGY

Preacher - The Rev. Dr. Russell Dickerson, *Deacon*

Celebrant - The Rev. Amanda Watson, *Assistant Rector for Community Life*

Assisting - The Rev. David Romanik, *Rector*

Organist - Thomas Pavlechko

Music - Heavenly Rest Adult Choir

Soprano Soloist - Poppy Teague

Verger - Don Roberts

Acolytes - Lucy Craig, Lydia Gensic, Shepherd Gensic, Eleanor Rockett, Amelia Rockett

Lay Ministers - Debbie Sherman, Sarah Martin, Dinah Nichols

Livestream - Kendra Jernigan, Josiah Keene

Sound - Lee Hampton

Altar Guild - Gay Ann Walts, Yvonne Batts, Kathy Drury, Aimee Powell, Andrea Taylor



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CLERGY AND STAFF

The Reverend David F. Romanik, <i>Rector</i>	Don Roberts, <i>Verger</i>
The Reverend Amanda Watson, <i>Assistant Rector for Community Life</i>	Luke Mendez, <i>Coordinator for Youth and Young Adult Ministries</i>
The Reverend Dr. Doug Thomas, <i>Priest in Residence</i>	Steve Gibbs, <i>Parish Coordinator</i>
The Reverend Karen Boyd, <i>Assisting Priest</i>	Donna Marcy, <i>Parish Bookkeeper</i>
The Reverend Dr. Russell Dickerson, <i>Deacon</i>	Melody Brown, <i>Website Manager</i>
Bikole Mulanda, <i>Swahili Minister</i>	Austin Hackel, <i>Communications Coordinator</i>
Thomas Pavlechko, <i>Organist and Director of Music</i>	Robert Becerra, <i>Sexton</i>
Laura Dickson, <i>Director of the Children's Choir</i>	Dorothy Guerra, <i>Housekeeper</i>
Carol Ann Weston, <i>Director of Children & Family Ministries</i>	Anne Jones, <i>Nursery Manager</i>

VESTRY AND APPOINTED OFFICERS

Kate Haney, *Senior Warden*; Harry Hurt, *Junior Warden*; Debbie Sherman, *Secretary*; David Christianson, Michael Christie, Diane Stearns, Lisa Goolsby, Jay Hardaway, Norene Mansell, John Nichols, Robert Peterson, Sharon Lawler Elizabeth Niblo Wallace, *Chancellor*; and Sam Cutbirth, *Treasurer*