

EPISCOPAL CHURCH of the
HEAVENLY REST

God's Love. For All.

Fifteenth Sunday after Pentecost
Holy Eucharist Rite II
Sunday, September 1st, 2024
10:30 in the morning

PRELUDE *Andantino in F*

Saturnin Paraire (1883-1937)

HYMN AT THE PROCESSION *Praise to the living God!*

Hymn 372
Tune: *Leoni*

THE OPENING ACCLAMATION

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever. Amen.**

Celebrant

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy Name; through Christ our Lord. **Amen.**

TRISAGION

Sung Three Times

Hymn S102

Ho - ly God, Ho - ly and Might - y,
Ho - ly Im - mor - tal One, Have mer - cy up - on us.

THE COLLECT OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. **Amen.**

FIRST READING

Deuteronomy 4:1-2, 6-9

Moses said: So now, Israel, give heed to the statutes and ordinances that I am teaching you to observe, so that you may live to enter and occupy the land that the Lord, the God of your ancestors, is giving you. You must neither add anything to what I command you nor take away anything from it, but keep the commandments of the Lord your God with which I am charging you. You must observe them diligently, for this will show your wisdom and discernment to the peoples, who, when they hear all these statutes, will say, "Surely this great nation is a wise and

discerning people!" For what other great nation has a god so near to it as the Lord our God is whenever we call to him? And what other great nation has statutes and ordinances as just as this entire law that I am setting before you today? But take care and watch yourselves closely, so as neither to forget the things that your eyes have seen nor to let them slip from your mind all the days of your life; make them known to your children and your children's children.

The Word of the Lord
Thanks be to God.

The Lector and People pray responsively by half verse

PSALM 15 *Domine, quis habitabit?*

1 Lord, who may dwell in your tabernacle? *

who may abide upon your holy hill?

2 Whoever leads a blameless life and does what is right, *

who speaks the truth from his heart.

3 There is no guile upon his tongue; he does no evil to his friend; *

he does not heap contempt upon his neighbor.

4 In his sight the wicked is rejected, *

but he honors those who fear the Lord.

5 He has sworn to do no wrong *

and does not take back his word.

6 He does not give his money in hope of gain, *

nor does he take a bribe against the innocent.

7 Whoever does these things *

shall never be overthrown.

SECOND READING

James 1:17-27

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfillment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures. You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls. But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing. If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

The Word of the Lord
Thanks be to God.

SEQUENCE HYMN *Lord, whose love through humble service*

Hymn 610
Tune: *Blaenhafren*

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, Lord Christ.

When the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written, 'This people honors me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.' You abandon the commandment of God and hold to human tradition." Then he called the crowd again and said to them, "Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile." For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person."

The Gospel of the Lord.

Praise to you, Lord Christ

Children ages four through seven are invited to attend Wiggle Worship, following the Children's cross to the Children's worship space. Children who attend Wiggle Worship will return to the Nave during the Peace.

THE SERMON

Bikole Mulanda, *Swahili Minister*

Following the sermon, all stand for

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father,
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,**

**and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

In peace, let us pray to the Lord, saying, "Lord, have mercy".

For the holy Church of God, that it may be filled with truth and love, and that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord.

People **Lord, have mercy.**

For all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord.

People **Lord, have mercy.**

For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord.

People **Lord, have mercy.**

For those who do not yet believe, and for those who have lost their faith, that they may receive the light of the Gospel, we pray to you, O Lord.

People **Lord, have mercy.**

For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

People **Lord, have mercy.**

For those in positions of public trust, that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord.

People **Lord, have mercy.**

For a blessing upon all human labor, and for the right use of the riches of creation, that the world may be freed from poverty, famine, and disaster, we pray to you, O Lord.

People **Lord, have mercy.**

For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

People **Lord, have mercy.**

For this congregation, for those who are present, and for those who are absent, that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord.

People **Lord, have mercy.**

For our enemies and those who wish us harm, and for all whom we have injured or offended, we pray to you, O Lord.

People **Lord, have mercy.**

For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.

People **Lord, have mercy.**

For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

People **Lord, have mercy.**

Rejoicing in the fellowship of all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

People **To you, O Lord our God.**

A period of silence is kept.

The Celebrant adds a concluding Collect, or the following Doxology

For yours is the majesty, O Father, Son, and Holy Spirit; yours is the kingdom and the power and the glory, now and for ever. **Amen.**

THE CONFESSION OF SIN

Let us confess our sins against God and our neighbor.

Silence may be kept.

Celebrant and the People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

All stand for

THE PEACE

The Peace of the Lord be always with you.
And also with you.

THE HOLY COMMUNION

OFFERTORY SENTENCE

There are several ways to make a financial gift to Heavenly Rest: you may place cash or a check in the alms basin as it goes by; text the amount you wish to contribute to 84321; use the "Give" tab on your profile in the ChurchCenter App (also known as the Directory App); or visit our website by using the QR code below.

Scan for online giving.
Thank you for your generosity!



Those who are celebrating birthdays in the month of September are invited to follow the procession to the altar rail and receive a blessing.

OFFERTORY *Allegretto in g*

Pietro Socal (1879-1959)

Celebrant All things come of thee, O Lord.
People **And of thine own have we given thee.**

BIRTHDAY BLESSINGS

THE GREAT THANKSGIVING *Eucharistic Prayer A*

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is said

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS *Holy, holy, holy Lord*

S 129

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and
 might, hea - ven and earth are full of your glo - ry. Ho -
 san - na in the high - est. Bless - ed is he who
 comes in the name of the Lord. Ho - san - na in the high - est. —

The People stand or kneel as they are able

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many

for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”
Therefore we proclaim the mystery of faith:

Celebrant and People

**Christ has died.
Christ is risen.
Christ will come again.**

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven, Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Celebrant breaks the consecrated bread.

AGNUS DEI

S 163

Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God, you
take a - way the sins of the world: have mer - cy on us.
Lamb of God, you take a - way the sins of the world: grant us peace.

The Celebrant proceeds

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for
you, and feed on him in your hearts by faith, with thanksgiving.

DISTRIBUTION OF COMMUNION

All baptized Christians are welcome to receive Communion. If you are not baptized, you may come forward to receive a blessing by folding your arms over your chest. Gluten-free hosts are available upon request. If you are interested in being baptized, please speak to one of the clergy after the service.

Communion will be distributed at two stations: at the altar rail and in front of the pulpit. If you do not wish to receive wine, please cross your arms over your chest when the chalice comes by. Please follow the instructions of the ushers as you wait to receive Communion.

COMMUNION MEDITATION

COMMUNION HYMNS

Lord Jesus, think on me

Hymn 641
Tune: *Southwell*

Blest are the pure in heart

Hymn 656
Tune: *Franconia*

After Communion, the Celebrant says

Let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Commissioning of Eucharistic Visitors may be said.

In the name of this congregation, we send you forth, bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's Body and Blood. We who are many are one Body because we all share one bread and one cup.

The Celebrant blesses the People

All stand and sing

HYMN IN PROCESSION *Come labor on*

Hymn 541
Tune: *Ora Labora*

WELCOME & ANNOUNCEMENTS

THE DISMISSAL

Go in peace to love and serve the Lord.
Thanks be to God.

POSTLUDE *March in F*

E. Masciadri

MINISTERS OF THE LITURGY

Preacher - Bikole Mulanda, *Swahili Minister*

Celebrant - The Rev. David Romanik, *Rector*

Deacon - The Rev. Karen Boyd, *Deacon*

Organist - Thomas Pavlechko

Verger - Don Roberts

Acolytes - John Christian Gloyna, Norah Goolsby, Emily Brumley, Davis Goolsby

Lay Ministers - Luke Mendez, Ronnie Garcia, Summer Casey

Livestream - Bill Young, Kendra Jernigan, Dustin Rainwater

Sound - Bob Hale

Altar Guild - Gay Ann Walts, Yvonne Batts, Kathy Drury, Aimee Powell, Andrea Taylor



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CLERGY AND STAFF

The Reverend David F. Romanik, <i>Rector</i>	Don Roberts, <i>Verger</i>
The Reverend Amanda Watson, <i>Assistant Rector for Community Life</i>	Luke Mendez, <i>Coordinator for Youth and Young Adult Ministries</i>
The Reverend Dr. Doug Thomas, <i>Priest in Residence</i>	Steve Gibbs, <i>Parish Coordinator</i>
The Reverend Karen Boyd, <i>Deacon</i>	Donna Marcy, <i>Parish Bookkeeper</i>
The Reverend Dr. Russell Dickerson, <i>Deacon</i>	Melody Brown, <i>Website Manager</i>
Bikole Mulanda, <i>Swahili Minister</i>	Austin Hackel, <i>Communications Coordinator</i>
Thomas Pavlechko, <i>Organist and Director of Music</i>	Robert Becerra, <i>Sexton</i>
Laura Dickson, <i>Director of the Children's Choir</i>	Dorothy Guerra, <i>Housekeeper</i>
Carol Ann Weston, <i>Director of Children & Family Ministries</i>	Anne Jones, <i>Nursery Manager</i>

VESTRY AND APPOINTED OFFICERS

Kate Haney, *Senior Warden*; Harry Hurt, *Junior Warden*; Debbie Sherman, *Secretary*; David Christianson, Michael Christie, Diane Stearns, Lisa Goolsby, Jay Hardaway, Norene Mansell, John Nichols, Robert Peterson, Sharon Lawler Elizabeth Niblo Wallace, *Chancellor*; and Sam Cutbirth, *Treasurer*