

EPISCOPAL CHURCH of the
HEAVENLY REST

God's Love. For All.

Heavenly Rest is dedicated to serving and creating community by proclaiming the good news of God's love for all. New here? Please fill out a welcome card from the back of the pew or on our website at heavenlyrestabilene.org/visit.

TODAY AT HEAVENLY REST

Sunday Morning Classes - Join us Sunday mornings for one of our classes.

- Exploring Spiritual Treasure - Gerhart Hall at 9 am
- Coffee Talks led by Mark Waters - Gen von Ende Room at 9:15 am
- Missional Theology led by B.J. Gensic - Bishop Garrett Room at 9:15am
- Children and Youth can head to the parish house for community, connection, and spiritual growth!

Liturgy at Lyndale - - All are invited to join us for worship at Lyndale Abilene Memory Care, 6568 Central Park Blvd, this Sunday at 2:00 p.m. Families are welcome, and children are encouraged to attend! For more information, contact Mother Karen at kboyd@heavenlyrestabilene.org.

LIFE IN OUR COMMUNITY

Chili Potluck this Wednesday - We're excited to invite you our chili cook-off for our Wednesday supper! All are encouraged to bring their chili. Dinner is at 6:00 and Wednesday night programming begins at 6:30.

Lenten Icon Retreat- Join us on March 21st from 1-4 for an Icon Prayer retreat. We will cover the history of iconography, the process and spirituality of Russian icon writing, and pray our way through Holy Week with the help of icons. There will be no cost to attend, and the class will be held in Gerhart Hall. Anyone who would like to join us in preparing for Holy Week with icons is welcome!

Lenten Book Series - The late Archbishop of South Africa Desmond Tutu and his daughter Mpho are more acquainted than most with the power and potential of forgiveness. As chair of the Truth and Reconciliation Commission in South Africa, Archbishop Tutu bore witness to the horrors of apartheid, but also saw how forgiveness could lay the groundwork for a new society. Based on this experience, as well as a lifetime of formation in the Church, Desmond and Mpho Tutu have written "The Book of Forgiving: The Fourfold Path for Healing Ourselves and Our World." Far from a vague paean to the need for forgiveness, "The Book of Forgiving" offers a practical and realistic guide to approaching this challenging and necessary element of our faith. During the season of Lent, we will be reading "The Book of Forgiving" together on Wednesday evenings. Copies are available in the church office. Join us for supper at 6:00 and the discussion at 6:30.

Lent Calendar for Families - Fill the Ark is a family devotional from Heifer International with a focus on our blessings and a generous spirit of giving to our neighbors in need. Each week shares a scripture as the focus for reflection and study. Each day includes information about Heifer's work, animal gifts, resources, and approach. Daily giving challenges individuals and families to appreciate their abundance and collect change to help struggling families. Our contributions will be matched by a friend of Heifer International. Pick your copy up in the Narthex, Cloister, Gerhart Hall, or upstairs in the Parish House beginning February 11, so you will be ready to begin on February 18, Ash Wednesday. Everyone who is interested is invited to participate.

Sunday Morning Class for Adults During Lent - God has had a mission and been involved throughout human history. However, that involvement is often messy. God both honors human freedom and desires to redeem creation, which means God has chosen to exercise divine power relationally (and often ambiguously) amid the frequently evil actions of people. So, if God is on a mission, what does that mean for us? What does it mean to say that God has a mission? You're invited to a new class beginning February 22, taught by B.J. Gensic. The class will explore questions such as: *What is missional theology? What does it mean to say that God is on a mission? If God is on a mission, can humans participate—and how?* Together, we'll look at God's calling of Abraham and Israel, Jesus and the early church, and even Martin Luther's (gasp!) reflections on God's power and the cross, using these themes to foster thoughtful conversation around these questions.

EST's Lenten series: "Exploring the Prayer Book" – EST's "Exploring the Prayer Book" Class continues! After covering the history and formation of the prayer book, this Sunday we will cover the content of the 1979 Book of Common Prayer, with a special emphasis on how we can use it for our daily prayer practices. Bring your prayer book if you have one! If you don't, we have extras. Everyone who wants to learn more about the prayer book this Lent is welcome to join us.

Abilene Association of Congregations (AAC) - You're invited to the next AAC luncheon, Wednesday February 25th at 11:45 am at Holy Family. Bishop Michael Sis of the Roman Catholic Diocese of San Angelo will be the speaker. A \$3 donation is requested for lunch.

Chamber Music Concert Series - The Church of the Heavenly Rest Chamber Music Concert Series proudly continues its 17th season with an evening of Listening to Orpheus on Sunday, March 1 at 6:00 PM. This presentation begins with a short discussion of the psychological and musical implications of the myth of Orpheus, followed by a concert with pianist Rodney Waters and tenor Kenneth Gayle. The concert includes works specifically inspired by the myth of Orpheus, as well as additional music and texts that explore the themes of night, sleep, darkness and introspection.

THE WEEK AHEAD

View a detailed schedule at heavenlyrestabilene.org/calendar

Sunday, February 22nd

8:00 AM Holy Eucharist - Rite I (Nave)*
9:15 AM Sunday School Classes for Adults & Children
10:30 AM Holy Eucharist - Rite II (Nave & streaming)*
1:00 PM Morning Prayer in Swahili (Nave & streaming)*
2:00 PM Grow Sunday School
2:00 PM Worship at Lyndale
7:00 PM Holy Eucharist
7:30 PM Encounter - Young Adult Ministry

Monday, February 23rd

5:30 AM Breakfast on Beech Street
8:30 AM Morning Prayer

Tuesday, February 24th

8:30 AM Morning Prayer
10:00 AM Staff meeting
12:30 PM Sacrament of Reconciliation
4:00 PM Contemplative Prayer
6:30 PM Prayer Shawl & Quilt Ministry
7:00 PM Abilene Pipers
7:00 PM Unity Group AA

Wednesday, February 25th

8:30 AM Morning Prayer
10:00 AM Sewing Circle
11:45 AM Abilene Association of Congregations (AAC)
5:15 PM Children's Music, Choristers, and Wind Down Wednesday*
5:30 PM Holy Eucharist with Prayers for Healing*
6:00 PM Meal and Programming*
6:40 PM Canterbury Ringers
7:30 PM Adult Choir Rehearsal

Thursday, February 26th

8:30 AM Morning Prayer
9:30 AM Thursday Morning Bible Study
12:00 PM Men's Brown Bag
12:00 PM EST Mentor Meeting - Midday Option
6:00 PM EST Mentor Meeting - Evening Option
6:00 PM Girl Scouts
7:00 PM Unity Group AA

Friday, February 27th

8:30 AM Morning Prayer
9:30 AM Hands-On Grocery Distribution
12:00 PM Stations of the Cross

Saturday, February 28th

8:30 AM Swahili Prayer
9:00 AM Altar Guild Preparation
10:30 AM Afternoon Children's Choir Rehearsal
4:30 PM Aleluya Kwaya Rehearsal

Sunday, March 1st

8:00 AM Holy Eucharist - Rite I (Nave)*
9:15 AM Sunday School Classes for Adults & Children
10:30 AM Holy Eucharist - Rite II (Nave & streaming)*
1:00 PM Morning Prayer in Swahili (Nave & streaming)*
2:00 PM Grow Sunday School
6:00 PM Chamber Music Concert Series
7:00 PM Evening Prayer
7:30 PM Encounter - Young Adult Ministry

* Nursery available (ages 0-4 years old)

MINISTRIES

Hands-On Outreach Ministry – Our parish grocery distribution ministry, Hands-On Outreach, is currently in need of **saltine crackers and canned tuna**. If you are able to help, please bring your donations to the parish office during regular hours. Contact Sue McWilliams at smmm@aol.com for more information. Thank you for your continued generosity!

Thrift House - The Thrift House shelves are in need of the following **donations**: kitchen items, decorative pieces, handbags and shoes. Please look and see if you have anything to give. We are always appreciative of your generosity. The Thrift House accepts donations 9:30-4:30 Tuesday through Friday.

ALTAR FLOWERS

Altar Flowers - If you would like to dedicate altar flowers in honor or memory of a loved one or special occasion, please contact the parish office at (325)-677-2091. Suggested donation is \$150.

PRAYERS

Thanksgivings for those celebrating birthdays this week: Kathryn Wood Boykin, Lew Carter, Reagan Cecil, Christine Gillard, James Gloyna, Hayes Gripton, Gerry Lawler, Kaley Rutledge, Raymond Walende, Carol Ann Weston

Intercessions: Duane Martin, Dominique Ryals, Amy Lang, Gene Skaggs, Cannon Family, Truitt Sutton, Keith Boyd, Brenda Becker, Lace Archambeau, Mark McCoy, Beverly Mack, Nancy Casey, Cynthia Armstrong, Leta Bell, Mary Hieronymi, Judy Daniels, Evelyn French, Annabel House, Dustin Tatro, Doug Lampkin, Erica Wilson, Grimmer Family, Sandra and Mary Susan Spears, Linda Greer, Carlotta Luster, Christian Family, Martha McDaniel, BJ Madrid, Sam Sloane, Mary Ellen Shorten, Brianna Johnson-Onielle, Crystal and Abigail Keet, Don Bridges, Johnny Musselman, Jim, Scott Mead, Charlie Donovan, Jacob Moore, Chris Thomas, Alice Townsend Poirier, Charles Fairchild, Bryan Gibbs, Karen Telck, Leslie Smith, Barbara Arnold, Mary Angermueller, Dianne Cash, Martha Swartz, Nancy Williams, Thomas Madrid, Mike Mansell, David Weigle, Arnold Guerra, Susan Langford, Dawn Ahart, Jerry Gulley, Jeannie Best, Ralph Webb, Rusty Plocheck, Barbara Brock, Anne Melcher, Christopher Choate, Shane Jones, Russell McKeever, Francois Mulanda, Suzie Ramsey, Barbara Payne, Glen Funkey, Angaza Alembo

Intercessions for deployed military and first responders: Riziki Mulanda, Michael Scarborough, Fire, Police, and Sheriff's Departments, Health Care Workers

Intercessions for the recently departed: Wendy Williams, Waymon Hinson, Kyler Dailey, Brileigh Dailey, Kevin Grimmer, William Spence, Larry Bell, Carter Christie, Kyle Cannon, Robert Ernest

CONTACT US

To learn more or to contact the clergy, visit us online at heavenlyrestabilene.org or by email info@heavenlyrestabilene.org.

602 Meander Street, Abilene, Texas 79602

Office Hours: M-Th 8:30 AM-12:00 PM, 1-4:30 PM, F 8:30-12:00 PM

Hands On-Assistance (Online) M,W,F 10:30 AM-12:00 PM, Grocery Distribution F 9-11:30 AM

Phone: (325) 677-2091

[@heavenlyrestabilene](http://heavenlyrestabilene.org)



Thrift House, 761 Walnut Street, Abilene, TX 79601

(325) 672-3812

Open: Tuesday-Friday 9:30 AM- 4:30 PM

Is there something you would like to share with the church? Please submit announcements and materials to the Communications office.

Contact Jen Rogers at jrogers@heavenlyrestabilene.org.