

EPISCOPAL CHURCH of the  
**HEAVENLY REST**

God's Love. For All.

*Heavenly Rest is dedicated to serving and creating community by proclaiming the good news of God's love for all.  
New here? Please fill out a welcome card from the back of the pew or on our website at [heavenlyrestabilene.org/visit](http://heavenlyrestabilene.org/visit).*

**THIS SUNDAY**

**Adult Sunday Morning Classes** - Join us Sunday mornings for one of our adult classes.

Weird Bible: Unveiling Hope in the Apocalyptic Texts - Bishop Garrett Room at 9:15 am

Coffee Talks led by Mark Waters - Gen von Ende Room at 9:15 am

Exploring Spiritual Treasure - Gerhart Hall at 9 am

**Sunday School for Children and Youth** - Children and teens can head to the parish house for community, connection, and spiritual growth! Contact Carol Ann Weston for information on children's and youth classes. For information on youth confirmation, contact Mother Ashley.

**Sunday Evening Prayer/Encounter** - The parish community is invited to Evening Prayer at 7 pm on Sundays in the Chapel, hosted by the Episcopal Young Adults (EYA). After the service, the EYA community gathers for Encounter, a time of shared meals, conversation, and fellowship. Once a month, a service of Holy Communion is offered in place of Evening Prayer.

**Blessing of the Animals** - On Sunday, October 5th all are invited to bring their pets and join us for a "Blessing of the Animals" service at 5:00 p.m. in the courtyard.

**LIFE IN OUR COMMUNITY**

**Exploring Spiritual Treasure October Calendar** - EST is an avenue for our Newcomers and those entering Heavenly Rest or the Episcopal Church to be introduced to topics around liturgy, faith, and life here. All individuals are welcome to join.

**Sacraments: Instructional Holy Eucharist** (10/5) Mtr. Amanda Watson

**Stewardship as Outpouring and Ministry** (10/12) Jen Rogers

**Holy Scripture and how we interact with God's living Word** (10/19) Janine Morgan

**Confirmation and Membership in the Episcopal Church** (10/26) Fr. David Romanik

**Wednesday Night Programming** - Join us this week (10/8) at the zoo for St. Francis at the Zoo. On October 15, Mtr. Ashley will present on the Rev. Dr. Florence Li Tim Oi, the first woman to be ordained to the priesthood in the Anglican Communion. On October 22, Joe Biles will present on the Anglican communion.

**St. John's Legacy Lunch** - All are invited to join St. John's Episcopal School for its inaugural Legacy Lunch at noon on Tuesday, October 14th at Perini Ranch Steakhouse. The Legacy Lunch is an opportunity to celebrate the families who have sustained St. John's for the last 73 years. This year the honorees are the Steve and Cindy Strain Family. Tickets may be purchased by visiting <https://tinyurl.com/StJohns25> - please call 325-695-8870 for assistance.

**Chamber Music Concert Series: Ragtime in Abilene** - Come and welcome back Organist/Harpsichordist Scott Dettra featured this season on Piano Sunday, October 19 at 6:00 pm. Dettra will take us back to the turn of the 20th century to explore the world of Ragtime — America's first popular music — in a solo piano recital featuring music by Scott Joplin and his circle, as well as modern piano rags written since the Ragtime Revival of the 1970s.

**Tamasha la wa Afrika** - Sunday, October 26th from 2:00 to 5:00 pm the parish will host the fifth annual Tamasha la wa Afrika ("Celebration of Africa"), a festival of East African music, culture, and cuisine. The theme of this year is "Hata Mwisho Wa Nchi" ("To the Ends of the Earth"). This event will feature music from Heavenly Rest's own "Alleluia Choir," along with special guests from throughout the African community in Texas. The festival will also include traditional East African food, as well as cultural demonstrations from members of the Heavenly Rest congregation.

**YOUTH EVENTS THIS FALL**

**High School Coffee Chats** - High School Students - come hang out with us for a casual Youth Group meet-up at Grain Theory! We'll grab some coffee, catch up, and have some good conversation. Bring a friend, everyone's welcome! 10-11am on October 18, November 1, December 13.

**Youth Hangs** - Middle and High School Students - Once a month, we will gather for snacks, games, and fellowship. The location and time will vary each month. Can't wait to see you there! October 12 (Romaniks'), Nov 2 (Seven and One Bookstore), Nov 16 - Progressive Dinner, December 7 (Gensics').

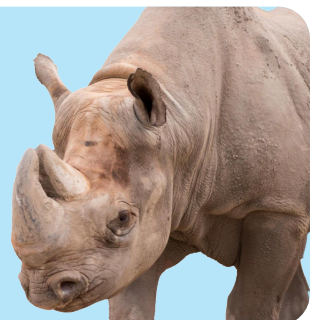
**Youth at Lyndale** - Middle and High School Students - We will worship alongside other members of the Heavenly Rest community and the Lyndale Memory Care residents for their 2:00 pm service and then we will walk to Braum's for ice cream. The service is 20-30 minutes long with a short liturgy and songs. Braum's is .4 miles away so about a 7 minute walk. 2-3:30pm on November 23, December 21.

**St. Francis, giraffes, and snow cones!**

Every year at the beginning of October, churches throughout the world celebrate the life and ministry of St. Francis of Assisi by asking God's blessing on the animals in our lives. At the Church of the Heavenly Rest, we celebrate **St. Francis at the Zoo** by blessing a rhino, flamingos, giraffes, and all the other animals at the Abilene Zoo!

After the blessing, stay and enjoy snow cones with us.

Join us at the zoo Wednesday, **October 8th**, at **6:00 p.m.** for our fifth annual "St. Francis at the Zoo." All are welcome and we hope you can join us.



## THE WEEK AHEAD

*View a detailed schedule at [heavenlyrestabilene.org/calendar](http://heavenlyrestabilene.org/calendar)*

### Sunday, October 5th

8:00 AM Holy Eucharist - Rite I (Nave)\*  
 9:15 AM Sunday School Classes for Adults and Children  
 10:30 AM Holy Eucharist - Rite II (Nave & livestream)\*  
 1:00 PM Morning Prayer (Swahili)  
 2:00 PM GROW Sunday School  
 2:00 PM Daughters of the King  
 5:00 PM Blessing of the Animals  
 7:00 PM Holy Eucharist  
 7:30 PM Encounter - Young Adult Ministry

### Monday, October 6th

5:30 AM Breakfast on Beech Street  
 8:30 AM Morning Prayer  
 6:30 PM Education for Ministry (EfM)

### Tuesday, October 7th

8:30 AM Morning Prayer  
 10:00 AM Staff meeting  
 4:00 PM Contemplative Prayer  
 7:00 PM Abilene Pipers  
 8:00 PM Unity Group AA

### Wednesday, October 8th

8:30 AM Morning Prayer  
 10:00 AM Sewing Circle  
 6:00 PM St. Francis at the Zoo  
 8:00 PM Adult Choir Rehearsal

### Thursday, October 9th

8:30 AM Morning Prayer  
 9:30 AM Thursday Morning Bible Study  
 12:00 PM Men's Brown Bag  
 12:00 PM EST Mentor Meeting (Midday Option)  
 6:00 PM EST Mentor Meeting (Evening Option)  
 6:00 PM Girl Scouts  
 8:00 PM Unity Group AA

### Friday, October 10th

8:30 AM Morning Prayer  
 9:30 AM Hands-On Grocery Distribution

### Saturday, October 11th

8:30 AM Swahili Prayer  
 9:00 AM Altar Guild Preparation  
 10:30 AM Afternoon Children's Choir Rehearsal  
 4:30 PM Aleluya Kwaya Rehearsal

### Sunday, October 12th

8:00 AM Holy Eucharist - Rite I (Nave)\*  
 9:15 AM Sunday School Classes for Adults and Children  
 10:30 AM Holy Eucharist - Rite II (Nave & livestream)\*  
 1:00 PM Morning Prayer (Swahili)  
 2:00 PM GROW Sunday School  
 7:00 PM Evening Prayer  
 7:30 PM Encounter - Young Adult Ministry

*\* Nursery available (ages 0-4 years old)*

## Save the Date!

**Ragtime in Abilene** - Sunday, October 19th, 6:00 pm

**Tamasha la wa Afrika** - Sunday, October 26th, 2:00 pm

**Trick or Treat at Heavenly Rest** - Friday, October 31st, 6-8 pm

**Consecration Sunday** (Stewardship Ingathering) - Sunday, November 16th

## PRAYERS

**Thanksgivings for those celebrating birthdays this week:** Dixie Bassett, Kimberly Brumley, Elizabeth Gripton, Austin Hackel

**Intercessions:** Frankie Enloe, Sharon Doty, Rita Sepuvela, Lukas Howell, Helen Andrews, Barbara Arnold, Frances Renfro, Don Balch, Mary Angermueller, Shay Senter, Ann Hollandsworth, Hunter Thomas, Susie Shands, Liza Goodson Nichols, Brooke and Trey, Michelle Fernung, Dianne Cash, Melissa Trevina, Debbie Reyes-Clute, Martha Swartz, Chris Thomas, Dustin Massey, Nancy Williams, Thomas Madrid, Barbara Morris, Judy Batts, Steve Stiles, Elisa Garza, Mike Mansell, David Weigle, Bobby Forman, Emmett Miller, Hubert Smith, Kay Snead, Stan Brown, Laurie Jacoboski, Christopher Collard, Arnold Guerra, Burt Garvin, Susan Langford, Johnny Musselman, Sandy Bridges, Dawn Ahart, Jerry Gulley, Jeannie Best, Ralph Webb, Karen Tucek, Keith Boyd, Jackson Murrill, Trey Blackmore, Rusty Plocheck, Barbara Brock, Freddie Maxwell, Jeff Holland, Anne Melcher, BJ Madrid, Larry and Leta Bell, Fabiola Mulanda, Christopher Choate, Tommy Lindley, Shane Jones, Amanda Sellers, Russell McKeever, Francois Mulanda, Suzie Ramsey, Barbara Payne, Glen Funkey, Angaza Alemba

**Intercessions for deployed military and first responders:** Michael Paisley, David Broyles, Jr., Weaver Lilly, Riziki Mulanda, Michael Scarborough, Fire, Police, and Sheriff's Departments, Health Care Workers

**Intercessions for the recently departed:** Patricia Fooshee, Angela Trevina, Donna Thomas Crawford, Sue Young, Elenora Jernigan, Lori Tilley, Scott Hassel, Helen Andrews

## MINISTRIES

**Hands-On Outreach Ministry** – Our parish grocery distribution ministry, Hands-On Outreach, is currently in need of reusable grocery bags. If you are able to help, please bring your donations to the parish office during regular hours. Contact Sue McWilliams at [smmnm@aol.com](mailto:smmnm@aol.com) for more information. Thank you for your continued generosity!

**Altar Flowers** - If you would like to dedicate altar flowers in honor or memory of a loved one or special occasion, please contact the parish office at (325)-677-2091. Suggested donation is \$150.

## CONTACT US

To learn more or to contact the clergy, visit us online at [heavenlyrestabilene.org](http://heavenlyrestabilene.org) or by email [info@heavenlyrestabilene.org](mailto:info@heavenlyrestabilene.org).

602 Meander Street, Abilene, Texas 79602

Office Hours: M-Th 8:30 AM-12:00 PM, 1-4:30 PM, F 8:30-12:00 PM

Hands-On-Assistance (Online) M,W,F 10:30 AM-12:00 PM, Grocery Distribution F 9-11:30 AM

Phone: (325) 677-2091

@heavenlyrestabilene



**Thrift House**, 761 Walnut Street, Abilene, TX 79601

(325) 672-3812

Open: Tuesday-Friday 9:30 AM- 4:30 PM

*Is there something you would like to share with the church? Please submit announcements and materials to the Communications office.*

*Contact Jen Rogers at [jrogers@heavenlyrestabilene.org](mailto:jrogers@heavenlyrestabilene.org).*