

EPISCOPAL CHURCH of the
HEAVENLY REST

God's Love. For All.

Heavenly Rest is dedicated to serving and creating community by proclaiming the good news of God's love for all. New here? Please fill out a welcome card from the back of the pew or on our website at heavenlyrestabilene.org/visit.

TODAY AT HEAVENLY REST

Sunday Morning Classes - Join us Sunday mornings for one of our classes.

- Exploring Spiritual Treasure - Gerhart Hall at 9 am
- Coffee Talks led by Mark Waters - Gen von Ende Room at 9:15 am
- Missional Theology led by B.J. Gensic - Bishop Garrett Room at 9:15am
- Children and Youth can head to the parish house for community, connection, and spiritual growth!

Chamber Music Concert Series - The Church of the Heavenly Rest Chamber Music Concert Series proudly continues its 17th season with an evening of Listening to Orpheus on Sunday, March 1 at 6:00 PM. This presentation begins with a short discussion of the psychological and musical implications of the myth of Orpheus, followed by a concert with pianist Rodney Waters and tenor Kenneth Gayle. The concert includes works specifically inspired by the myth of Orpheus, as well as additional music and texts that explore the themes of night, sleep, darkness and introspection.



LIFE IN OUR COMMUNITY

Daylight Saving Time & Spring Break Begin March 8 - As a reminder, March 8 is both the start of spring break for local schools and the day clocks "spring forward" an hour. There will not be morning Sunday school for children on March 8th or 15th.



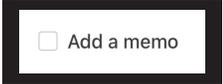
Wednesday Lenten Book Series - The late Archbishop of South Africa Desmond Tutu and his daughter Mpho are more acquainted than most with the power and potential of forgiveness. As chair of the Truth and Reconciliation Commission in South Africa, Archbishop Tutu bore witness to the horrors of apartheid, but also saw how forgiveness could lay the groundwork for a new society. Based on this experience, as well as a lifetime of formation in the Church, Desmond and Mpho Tutu have written "The Book of Forgiving: The Fourfold Path for Healing Ourselves and Our World." Far from a vague paean to the need for forgiveness, "The Book of Forgiving" offers a practical and realistic guide to approaching this challenging and necessary element of our faith. During the season of Lent, we will be reading "The Book of Forgiving" together on Wednesday evenings. Join us for supper at 6:00 and the discussion at 6:30.

EST's Lenten series: "Exploring the Prayer Book" - EST's "Exploring the Prayer Book" Class continues! After covering the content and personal prayer offerings from the prayer book, this week we will be covering "How to survive a Sunday Service. Bring your prayer book if you have one! If you don't, we have extras. Everyone who wants to learn more about the prayer book this Lent is welcome to join us.

Stations of the Cross - Join us for Stations of the Cross every Friday during Lent at 12:00 p.m. in the church. This time of prayer and reflection is a powerful way to deepen your faith and walk with Jesus on His journey to the cross. All are welcome to participate as we unite in meditation and prayer during this holy season.

Sacrament of Reconciliation - Lent is a season of self-examination, penitence, renewal. As such, it is a particularly good time to experience the Sacrament of Reconciliation. During the season of Lent, clergy will be available on Tuesdays at 12:30 pm in the chapel for the Sacrament of Reconciliation. Clergy will also be available to hear confessions after the midday Eucharist Monday through Thursday during Holy Week (March 30 through April 2), and after the noon service until 3:00 on Good Friday (April 3). If you would like to have your confession heard, wait in the pews near the baptismal font and you will be brought to the chapel by a priest. At the beginning of the service, the priest will usually walk the penitent through the service. The Sacrament of Reconciliation rarely takes more than ten minutes. Matters discussed within the context of the Sacrament of Reconciliation are treated with the strictest confidentiality. We hope you will take advantage of this opportunity to experience a service that is rooted in a profound awareness of God's grace.

Online Giving Update - Our online giving page was recently updated and will look slightly different the next time you access it online or via the app. Most notably, for select funds including memorials and Easter Music and Flower donations, you are now able to add a memo where you can give more details about your donation. (i.e. Given in memory of *Name*) To add a memo, you will need to click the box next to "add a memo." If you have any questions, please reach out to the church office.



Women's Retreat Save the Date - Join us this summer for a Heavenly Rest Women's Retreat with Mother Ashley! Our theme is "Receiving God's Grace" and will be at a beautiful spiritual retreat center, Casa de Milagros, in Rainbow, Texas from June 12-14th. More information will be provided as we get closer, but if you have any questions please talk to Mother Ashley or visit casademilagrotx.com.

Bishop Search Survey - Everyone is invited to fill out the survey (via the QR code) to help the search committee better understand the desires of our diocese moving forward. The results of the survey will also contribute to the profile the committee makes to advertise the position and communicate to the wider church who we are! The survey takes about 20 minutes to complete so we value and appreciate the time you will dedicate to sharing your thoughts with us. Your voice is invaluable, even while your survey answers remain anonymous. The survey will be open through March 24, 2026.



THE WEEK AHEAD

View a detailed schedule at heavenlyrestabilene.org/calendar

Sunday, March 1st

8:00 AM Holy Eucharist - Rite I (Nave)*
9:15 AM Sunday School Classes for Adults & Children
10:30 AM Holy Eucharist - Rite II (Nave & streaming)*
1:00 PM Morning Prayer in Swahili (Nave & streaming)*
2:00 PM Grow Sunday School
6:00 PM Chamber Music Concert Series
7:00 PM Evening Prayer
7:30 PM Encounter - Young Adult Ministry

Monday, March 2nd

5:30 AM Breakfast on Beech Street
8:30 AM Morning Prayer

Tuesday, March 3rd

8:30 AM Morning Prayer
10:00 AM Staff meeting
12:30 PM Sacrament of Reconciliation
4:00 PM Contemplative Prayer
6:30 PM Prayer Shawl & Quilt Ministry
7:00 PM Abilene Pipers
7:00 PM Unity Group AA

Wednesday, March 4th

8:30 AM Morning Prayer
10:00 AM Sewing Circle
5:15 PM Children's Music, Choristers, and Wind Down Wednesday*
5:30 PM Holy Eucharist with Prayers for Healing*
6:00 PM Meal and Programming*
6:40 PM Canterbury Ringers
7:30 PM Adult Choir Rehearsal

Thursday, March 5th

8:30 AM Morning Prayer
9:30 AM Thursday Morning Bible Study
12:00 PM Men's Brown Bag
12:00 PM EST Mentor Meeting - Midday Option
6:00 PM EST Mentor Meeting - Evening Option
6:00 PM Girl Scouts
7:00 PM Unity Group AA

Friday, March 6th

8:30 AM Morning Prayer
9:30 AM Hands-On Grocery Distribution
12:00 PM Stations of the Cross

Saturday, March 7th

8:30 AM Swahili Prayer
9:00 AM Altar Guild Preparation
10:30 AM Afternoon Children's Choir Rehearsal
4:30 PM Aleluya Kwaya Rehearsal

Sunday, March 8th

8:00 AM Holy Eucharist - Rite I (Nave)*
9:15 AM Sunday School Classes for Adults & Children
10:30 AM Holy Eucharist - Rite II (Nave & streaming)*
1:00 PM Morning Prayer in Swahili (Nave & streaming)*
2:00 PM Grow Sunday School
7:00 PM Evening Prayer
7:30 PM Encounter - Young Adult Ministry

* Nursery available (ages 0-4 years old)

MINISTRIES

Hands-On Outreach Ministry – Our parish grocery distribution ministry, Hands-On Outreach, is currently in need of **canned vegetables**. If you are able to help, please bring your donations to the parish office during regular hours. Contact Sue McWilliams at smmm@aol.com for more information. Thank you for your continued generosity!

Thrift House - The Thrift House shelves are in need of the following **donations**: kitchen items, decorative pieces, handbags and shoes. Please look and see if you have anything to give. We are always appreciative of your generosity. The Thrift House accepts donations 9:30-4:30 Tuesday through Friday.

ALTAR FLOWERS

Altar Flowers - If you would like to dedicate altar flowers in honor or memory of a loved one or special occasion, please contact the parish office at (325)-677-2091. Suggested donation is \$150.

PRAYERS

Thanksgivings for those celebrating birthdays this week: Thomas Pavlechko, Myers Reed, Sarah Shelby, Karissa Ward, Carol Ann Weston

Intercessions: Stephanie Ward, Gerry Lawler, Peter Efroyimnson, Tom Lindley, Brandy Gaiennie, Martha McDaniel, Duane Martin, Dominique Ryals, Amy Lang, Gene Skaggs, Cannon Family, Truitt Sutton, Keith Boyd, Brenda Becker, Lace Archambeau, Mark McCoy, Beverly Mack, Nancy Casey, Cynthia Armstrong, Leta Bell, Mary Hieronymi, Evelyn French, Annabel House, Erica Wilson, Grimmer Family, Sandra and Mary Susan Spears, Linda Greer, Carlotta Luster, BJ Madrid, Sam Sloane, Mary Ellen Shorten, Brianna Johnson-Onielle, Crystal and Abigail Keet, Don Bridges, Johnny Musselman, Jim, Scott Mead, Charlie Donovan, Jacob Moore, Chris Thomas, Alice Townsend Poirrier, Charles Fairchilds, Bryan Gibbs, Karen Telck, Leslie Smith, Barbara Arnold, Mary Angermueller, Dianne Cash, Martha Swartz, Nancy Williams, Thomas Madrid, Mike Mansell, David Weigle, Arnold Guerra, Susan Langford, Dawn Ahart, Jerry Gulley, Ralph Webb, Rusty Plocheck, Barbara Brock, Anne Melcher, Christopher Choate, Shane Jones, Russell McKeever, Francois Mulanda, Suzie Ramsey, Barbara Payne, Glen Funkey, Angaza Alembo

Intercessions for deployed military and first responders: Riziki Mulanda, Michael Scarborough, Fire, Police, and Sheriff's Departments, Health Care Workers

Intercessions for the recently departed: Kyler Dailey, Brileigh Dailey, Kevin Grimmer, William Spence, Larry Bell, Carter Christie, Kyle Cannon, Robert Ernest,

CONTACT US

To learn more or to contact the clergy, visit us online at heavenlyrestabilene.org or by email info@heavenlyrestabilene.org.

602 Meander Street, Abilene, Texas 79602

Office Hours: M-Th 8:30 AM-12:00 PM, 1-4:30 PM, F 8:30-12:00 PM

Hands On-Assistance (Online) M,W,F 10:30 AM-12:00 PM, Grocery Distribution F 9-11:30 AM

Phone: (325) 677-2091

@heavenlyrestabilene



Thrift House, 761 Walnut Street, Abilene, TX 79601

(325) 672-3812

Open: Tuesday-Friday 9:30 AM- 4:30 PM

Is there something you would like to share with the church? Please submit announcements and materials to the Communications office.

Contact Jen Rogers at jrogers@heavenlyrestabilene.org.