EPISCOPAL CHURCH of the HEAVENLY REST

God's Love. For All.

Heavenly Rest is dedicated to serving and creating community by proclaiming the good news of God's love for all. New here? Please fill out a welcome card from the back of the pew or on our website at heavenly restabilene.org/visit.

THIS SUNDAY

Adult Sunday Morning Classes - Join us Sunday mornings for one of our adult classes.

Weird Bible: Unveiling Hope in the Apocalyptic Texts - Bishop Garrett Room at 9:15 am

Coffee Talks led by Mark Waters - Gen von Ende Room at 9:15 am

Exploring Spiritual Treasure - Gerhart Hall at 9 am

Sunday School for Children and Youth - Children and teens can head to the parish house for community, connection, and spiritual growth! Contact Carol Ann Weston for for information on children's and youth classes. For information on youth confirmation, contact Mother Ashley.

Sunday Evening Prayer/Encounter - The parish community is invited to Evening Prayer at 7 pm on Sundays in the Chapel, hosted by the Episcopal Young Adults (EYA). After the service, the EYA community gathers for Encounter, a time of shared meals, conversation, and fellowship. Once a month, a service of Holy Communion is offered in place of Evening Prayer. **Tamasha la wa Afrika** - Join us at 2:00 for the fifth annual Tamasha la wa Afrika ("Celebration of Africa"), a festival of East African music, culture, and cuisine. The theme of this year is "Hata Mwisho Wa Nchi" ("To the Ends of the Earth"). This event will feature music from Heavenly Rest's own "Alleluia Choir," along with special guests from throughout the African community in Texas. The festival will also include traditional East African food, as well as cultural demonstrations from members of the Heavenly Rest congregation.

LIFE IN OUR COMMUNITY

Baptism Opportunity - On November 2nd, the sacrament of baptism will be offered at a combined English and Swahili service. To schedule a baptism on this date for you or your child please contact Father David at dromanik@heavenlyrestabilene.org.

Names for All Saints' Sunday- All Saints' Day is a time to give thanks for the example of those saints who have allowed their lives to be transformed by God's grace. It is also a day to remember before God "those we love but see no longer." Please send any names you would like listed in the All Saints' Sunday pew sheet to Jen Rogers at jrogers@heavenlyrestabilene.org.

Exploring Spiritual Treasure October Calendar - EST is an avenue for our Newcomers and those entering Heavenly Rest or the Episcopal Church to be introduced to topics around liturgy, faith, and life here. All individuals are welcome to join.

Confirmation and Membership in the Episcopal Church (10/26) Fr. David Romanik

Communion of the Saints (11/2) Darryl Tippens

The Reconciling work of the Cross (11/9) David Christianson

Perfecting God's Praises through Music (11/16)- Thom Pavlechko

Wednesday Night Programming - Join us this week (10/29) for our annual Dia de los Muertos Potluck. Drawn from the traditions of Mexico, Día de los Muertos is a time to remember those we love but see no longer. It is observed around the time of All Saints' Day and All Souls' Day. Please bring a dish that was a favorite of a deceased loved one to our Wednesday night supper at 6:00 p.m. We also encourage you to bring a picture of a loved one for our ofrenda, an altar of remembrance. There will be activities for people of all ages, and we will share our dishes as we remember those who have gone before us. Join us as we celebrate the lives of all those in the communion of the saints.

Tanglewood Trick or Treating – Thursday, October 30, 6:00 – 8:00 p.m. Families are invited to gather in front the home of Steve and Rosemary Suttle (1405 Woodland Trail, 79605) and walk through the neighborhood to "Trick or Treat". It's always so much more fun to do as a group! (Please note that supper will NOT be provided this year.)

Trick or Treat at Heavenly Rest - Come and join us this Friday for Trick or Treating from 6-8PM. At 8:15PM, we will have a brief All Hallow's Ever service in the Columbarium.

Hands-On Outreach Thanksgiving Bags- The Hands on Outreach group is conducting a Food Drive to provide a holiday meal/bag for families in need. We will be distributing grocery bags to parishioners to be filled and returned at the Consecration on Sunday, November 16th. More information will be coming soon.



THE WEEK AHEAI

View a detailed schedule at heavenlyrestabilene.org/calendar

Sunday, October 26th		Thursday, October 30th			
	8:00 AM	Holy Eucharist - Rite I (Nave)*	8:30 am	Morning Prayer	
	9:15 am	Sunday School Classes for Adults and Children	9:30 am	Thursday Morning Bible Study	
	10:30 am	Holy Eucharist - Rite II (Nave & livestream)*	12:00 PM	Men's Brown Bag	
	2:00 рм	Tamasha la wa Afrika	12:00 PM	EST Mentor Meeting (Midday Option)	
	7:00 рм	Evening Prayer	6:00 PM	EST Mentor Meeting (Evening Option)	
	7:30 рм	Encounter - Young Adult Ministry	6:00 PM	Tanglewood Trick or Treating	
	Monday, Oct	tober 27th	8:00 рм	Unity Group AA	
	5:30 AM	Breakfast on Beech Street	Friday, Octo	ber 31st	
	8:30 am	Morning Prayer	8:30 AM	Morning Prayer	
	6:30 рм	Education for Ministry (EfM)	9:30 am	Hands-On Grocery Distribution	
Tuesday, October 28th		6:00 pm	Trick or Treating		
	8:30 AM	Morning Prayer	8:15 pm	All Hallows Eve Service	
	10:00 am	D:00 AM Staff meeting S		Saturday, November 1st	
	5:30 pm	Contemplative Prayer	8:30 am	Swahili Prayer	
	4:00 PM	Prayer & Shawl Ministry	9:00 am	Altar Guild Preparation	
	7:00 рм	Abilene Pipers	10:00 am	High School Coffee Chat	
	8:00 PM	Unity Group AA	10:30 am	Afternoon Children's Choir Rehearsal	
	Wednesday,	October 29th	4:30 pm	Aleluya Kwaya Rehearsal	
	8:30 am	Morning Prayer	Sunday, November 2nd		
	10:00 am	Sewing Circle	8:00 am	Holy Eucharist - Rite I (Nave)*	
	5:15 pm	Children's Music, Choristers, and Wind Down	9:15 am	Sunday School Classes for Adults and Children	
		Wednesday*	10:30 am	Holy Eucharist - Rite II (Nave & livestream)*	
	5:30 pm	Holy Eucharist with Prayers for Healing*	1:00 pm	Morning Prayer (in Swahili)*	
	6:00 PM	Meal and Programming*	7:00 рм	Evening Prayer	
	6:40 PM	Canterbury Ringers	7:30 рм	Encounter - Young Adult Ministry	
	7:30 PM	Adult Choir Rehearsal			

Save the Date!

Consecration Sunday (Stewardship Ingathering) - Sunday, November 16th

Thanksgiving Eve Service - Wednesday, November 26th **Neighborhood Caroling -** Wednesday, December 3rd

* Nursery available (ages 0-4 years old)

PRAYERS

Thanksgivings for those celebrating birthdays this week: Isa Carneiro, George Andrews, Robert Becerra, Will Camp, Mary Crymes, Byron Fenn, Stella Fitzhugh, Emily Gurley, Caroline Haney, Debra Johnson, Karis Maxwell, Laney Morris, Archie Phillips, Carol Roberts

Intercessions: Bryan Gibbs, Karen Telck, Chuck Hurlbut, Bern Fairchilds, Don Balch, Debbi Maxwell, Gretchen Herman, Leslie Smith, Richard Kennedy, Frankie Enloe, Sharon Doty, Rita Sepuvela, Lukas Howell, Barbara Arnold, Frances Renfroe, Mary Angermueller, Hunter Thomas, Susie Shands, Liza Goodson Nichols, Brooke and Trey, Michelle Fernung, Dianne Cash, Martha Swartz, Chris Thomas, Dustin Massey, Nancy Williams, Thomas Madrid, Barbara Morris, Judy Batts, Mike Mansell, David Weigle, Bobby Forman, Emmett Miller, Hubert Smith, Stan Brown, Arnold Guerra, Burt Garvin, Susan Langford, Johnny Musselman, Sandy Bridges, Dawn Ahart, Jerry Gulley, Jeannie Best, Ralph Webb, Karen Tucek, Keith Boyd, Trey Blackmore, Rusty Plocheck, Barbara Brock, Freddie Maxwell, Jeff Holland, Anne Melcher, BJ Madrid, Larry and Leta Bell, Christopher Choate, Tommy Lindley, Shane Jones, Amanda Sellers, Russell McKeever, Francois Mulanda, Suzie Ramsey, Barbara Payne, Glen Funkey, Angaza Alembo

Intercessions for deployed military and first responders: Weaver Lilly, Riziki Mulanda, Michael Scarborough, Fire, Police, and Sheriff's Departments, Health Care Workers

Intercessions for the recently departed: Helen Andrews, Steve Stiles, Ann Hollandsworth, Jean Biringanine Mukungu, Elisa Garza

ALTAR FLOWERS

The flowers on the Altar given by the Thrift House Board are given to the glory of God, in appreciation of the Thrift House staff and volunteers.

Altar Flowers - If you would like to dedicate altar flowers in honor or memory of a loved one or special occasion, please contact the parish office at (325)-677-2091. Suggested donation is \$150.

CONTACT US

To learn more or to contact the clergy, visit us online at heavenlyrestabilene.org or by email info@heavenlyrestabilene.org.

602 Meander Street, Abilene, Texas 79602 Office Hours: M-Th 8:30 AM-12:00 PM, 1-4:30 PM, F 8:30-12:00 PM Hands On-Assistance (Online) M,W,F 10:30 AM-12:00 PM, Grocery Distribution F 9-11:30 AM Phone: (325) 677-2091 @heavenlyrestabilene

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Thrift House, 761 Walnut Street, Abilene, TX 79601

(325) 672-3812

Open: Tuesday-Friday 9:30 AM- 4:30 PM